

# Activity & Program Guide

JANUARY • FEBRUARY • MARCH • APRIL 2024





# Welcome to Desert Recreation District's

#### WINTER-SPRING 2024 ACTIVITY & PROGRAM GUIDE



Dear Residents,

As the General Manager of the Desert Recreation District, it brings me immense pleasure to extend a warm invitation to all our esteemed residents to immerse yourselves in the vibrant array of parks, facilities, and enriching programs that we offer.

Our parks and recreational facilities stand as more than just spaces for leisure; they are the heartbeats of our community, fostering wellness, unity, and joy among individuals and families alike. At the Desert Recreation District, we believe in creating inclusive spaces that cater to the diverse interests and needs of our residents.

From serene walking trails that wind through stunning landscapes to state-of-the-art sports fields primed for friendly competition, our parks offer an escape from the routine, a chance to reconnect with nature, and an opportunity to embrace an active lifestyle. Moreover, our facilities boast amenities designed to cater to various interests, ranging from fitness centers equipped with the latest technology to engaging community spaces for social gatherings and events.

Our diverse array of programs cater to individuals of all ages and interests. Whether you're a fitness enthusiast looking to join specialized classes, a parent seeking engaging activities for your children, or a senior looking to explore new hobbies and make connections, our programs are designed to enrich lives and build a stronger, healthier community.

We invite you to take full advantage of what the Desert Recreation District has to offer. Whether it's a leisurely stroll through our parks, utilizing our top-notch facilities, or enrolling in our engaging programs, there's something for everyone.

Visit our website MyRecreationDistrict.com to explore our facilities, peruse our program offerings, and stay updated on upcoming events and activities. Our dedicated team is here to assist you in making the most out of your experience with us.

Let's build a stronger, healthier, and more connected community together through the power of parks and recreation.

Warm regards,

Kevin Kalman, General Manager

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# PESERT Rental Facilities

### WE HAVE YOUR PERSONAL, TEAM OR BUSINESS EVENT SPACE









# YEAR-ROUND **INDOOR/OUTDOOR POOL FACILITY RENTALS AVAILABLE FOR YOU!**

**Parties & Celebrations Events & Holidays Sports & Athletics Meetings & Banquets Pool Parties Various Locations** 

# DESERT RECREATION DISTRICT

## Board of Directors

Please note some larger communities are represented by more than one board member.



NATALIA GONZALEZ

Director
Division 1

TERM: 12/2/22 to 12/4/26 Indio, La Quinta, Mecca, North Shore, Oasis, Thermal, Vista Santa Rosa and 100 Palms



RUDY GUTIERREZ

Director
Division 2

TERM: 12/4/20 to 12/6/24 Chiriaco Summit, Coachella. Indio

and Indio Hills



LUIS ESPINOZA

Director

**Division 3** 

TERM: 10/4/22 to 12/6/24 Indio



RUDY ACOSTA

Vice President

**Division 4** 

TERM: 12/2/22 to 12/4/26
Bermuda Dunes,
Desert Palms,
Indian Wells,
La Quinta and
Palm Desert



LAURA MCGALLIARD

President

Division 5

TERM: 12/4/20 to 12/6/24 Palm Desert, Rancho Mirage and Thousand Palms

Desert Recreation District is governed by an elected Board of Directors. There are five members of the DRD Board of Directors, each serving one of the electoral divisions listed under each member's name. These electoral divisions make up the District's broad territory, which stretches from Rancho Mirage (at Bob Hope Drive) east to the Salton Sea.

## General Information

#### DISCOUNTS

At this time, we are not able to offer discounts for additional family members such as second and third children in our after school programs as we strive to provide the best value to all our guests. Therefore, we have set our prices at the best price—point we can offer, which does not allow for discounting.

#### ERRORS

While every effort is made to assure accuracy of our program information, errors may occur from time to time so we recommend calling to verify information. We apologize if we have made an error in this or any of our publications. PLEASE NOTE: All programs are subject to change without prior notice.

#### **■ FEES**

All fees stated in this guide are for District Residents. To determine if your residence falls within the District boundaries, please enter your address at MyRecreationDistrict.com/map-board-representatives. You can also see both the resident and non-resident fees when you view the details of any of the activities in this guide online. If you need additional assistance, please call 760-347-3484.

#### HOURS

The hours we are open varies by Community Center location, activity, and other items such as time of year and special events. Due to all the variations, we recommend calling our Administrative Office at (760) 347–3484 to check the hours we are open in any particular location.

#### PHOTOGRAPHS & VIDEOS

Desert Recreation District (DRD) reserves the right to photograph and video facilities, activities, program and special event participants for potential future use. All photographs and video, whether digital or hard copy, will remain property of DRD and may be used for publicity or promotional purposes only.

#### ■ REFUND/PRORATION/MAKE-UP POLICY

Refunds are only given if Desert Recreation District cancels a program or class. We are sorry; however, we cannot offer make—up classes or prorated fees for missed classes if you cannot attend all classes as we have reserved a spot for you, and possibly turned others away based on your enrollment.

# Bermuda Dunes

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

#### **Bermunda Dunes Community Center**



78-400 Avenue 42, Bermuda Dunes, CA 92203 (760) 347-3484 HOURS: See Activities for Times/Days



#### ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

#### ADAPTIVE FITNESS -

#### HYBRID (Online & In-person classes offered)

Join us for a demanding workout that has options for all ability levels. Class focuses on strength & conditioning with the use of minimal equipment. You have the option of enrolling for in-person or online classes when you register.

**ENROLLMENT: Ongoing** 

DAYS: Thursdays TIME: 10 - 11 a.m.

AGES: 16 Years of Age and Over with a Disability

or a Special Need

FEE: Free

#### **ADAPTIVE GYMNASTICS**

Our trained coaches will work with the individual needs of the participants to ensure a safe environment in this gymnastics class.

**ENROLLMENT: Ongoing** 

DAYS: Wednesdays TIME: 10:30 – 11:15 a.m.

AGES: 4 – 10 Years of Age with a Disability or a Special Need

FEE: \$25 per Month



#### **ADAPTIVE MUSIC**

Join us in our movement-based music class made for all bodies. Class incorporates fitness, drumming, rhythm, and more.

**ENROLLMENT: Ongoing** 

DAYS: Fridays TIME: 1 – 2 p.m.

AGES: 4 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month



Class focuses on strength, conditioning, and stretching with the use of minimal equipment while in a seated position. Exercise options available for all ability levels. You have the option of enrolling for in-person or online classes when you register.

**ENROLLMENT: Ongoing** 

DAYS: Fridays TIME: 10 – 11 a.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: Free

#### ADAPTIVE STRETCH & RELAXATION

This program incorporates a series of dynamic stretches and breathing techniques to promote muscle relaxation and flexibility while utilizing a sensory integration approach.

**ENROLLMENT: Ongoing** 

DAYS: Mondays TIME: 10 – 10:45 a.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

#### ADAPTIVE ZUMBA

Join us for a great dance workout and music! The program is a modified version of Zumba. All skill and ability levels are welcome to attend.

**ENROLLMENT: Ongoing** 

DAYS: Thursdays TIME: 1 – 2 p.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month



# Bermuda Dunes

**Please Note:** All in-person activities take place at the **Bermuda Dunes Community Center** unless otherwise noted in the activity details that follow.



#### ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

#### PARENT & GUARDIAN COFFEE HOUR

This is a peer support group for parents and guardians of children with a disability or special need provided by the collaboration Olive Tree OT, Building Bridges, Autism Society Inland Empire, and Desert Recreation District. Parenting



special needs children/adults can bring immense joy but can also bring unique challenges. Share your journey with other parents who get it, as well as share resources.

# Please email Paloma@OliveTreeOT.com for activity room registration.

DATES: January 23 • February 27 • March 26 • April 23

DAYS: Tuesdays TIME: 10 - 11:30 a.m.

AGES: All Ages FEE: Free

#### **SIBSHOPS**

In this program, siblings of those





with specials needs meet other Sibs, have fun, play some great games, explore how other brothers and sisters handle sticky situations, and most of all laugh together! Program offered by Olive Tree OT and Head2Heart.

# To register for Sibshops, please email Paloma@OliveTreeOT.com

DATES: January 19 • February 16 • March 15 • April 19

DAYS: Fridays TIME: 4:30 – 6 p.m.

AGES: 5 – 17 Years of Age FEE: \$15 per Participant

# BERMUDA DUNES COMMUNITY COUNCIL MEETINGS

The Community Council meets at 6 p.m. the second Thursday of January, March, May, September, and November, and the public is welcome to attend.

Please check at <u>www.Rivco4.org</u> before attending as meetings may be held via **ZOOM**.

<u>Dates:</u> January 12 and March 14, 2024 **Thank you.** 



#### ART & MUSIC

#### **BEGINNING PIANO FOR YOUTH**

The piano's timeless pitch and tone make it one of the friendliest instruments to learn. The use of a keyboard along with instruction will be part of this fun, friendly atmosphere. Our Piano classes teach students how to read music along with theory and technique.

**ENROLLMENT: Ongoing** 

DAYS: Thursdays TIME: 4 - 5 p.m.

AGES: 7 – 16 Years of Age FEE: \$85 per Month



#### DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.

**ENROLLMENT: Ongoing** 

DAYS: Tuesdays TIME: 5:30 – 6:15 p.m.

AGES: 2½ – 5 Years of Age FEE: \$42 per Month



#### **ZUMBINI**

Zumbini is a music and movement class for children 4 months to 4 years of age with a caregiver. This class develops cognitive, social, emotional, and motor skills in a fun, musical way with songs, dances, and musical instruments.

**ENROLLMENT: Ongoing** 

DAYS: Tuesdays TIME: 4:15 – 5 p.m.

AGES: 4 months – 4 Years of Age with Caregiver FEE: \$45 per Month DROP-IN FEE: \$12 per Class

# Bermuda Dunes

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

# HEALTH & FITNESS

#### GENTLE YOGA FOR ACTIVE ADULTS

In Gentle Yoga for Your
Health, we use a holistic
and therapeutic approach
to promote overall
wellness, longevity,
rejuvenation, and
relaxation using a variety
of yoga techniques and
postures.



ENROLLMENT: Ongoing

DAYS & TIMES

Mondays, 9:30 - 10:15 a.m. **OR** Thursdays, 9 - 9:45 a.m.

AGES: 18 Years of Age and Over

FEE: \$55 per Month DROP-IN FEE: \$16 per Class

Find Revival!

# **GET FIT PASSES**

#### **ACCESS TO ALL 4 CENTERS**

\*Includes Fitness Equipment, Racquetball Courts, Weight Rooms, a Track and Gymnasiums.

#### **LOCATIONS AVAILABLE**

Indio Community Center
Palm Desert Community Center
North Shore Beach & Yacht Club
La Quinta Community Fitness Center
\*Exact amenities may vary by location.

Visit: MyRecreationDistrict.com/class/get-fit-passes or Call (760) 347-3484



# Adaptive snow Day



Join us for a day of challenging, safe, and successoriented adaptive snow sports in Big Bear. Utilizing adaptive equipment and/or teaching techniques, each student can discover the freedom of gliding down a snow-covered mountain. Fee includes five hours of private instruction, ski equipment and lift ticket. You can bring yourself or leave the driving to us (see fees below).

DATE: Tuesday, March 5 TIME: Approximately 7 a.m. to 3 p.m.

AGES: All Ages with a Disability or a Special Need

FEE: Tentatively \$110 and an extra \$20 if transportation is needed.

To register or for any questions, please contact Kendra Smith at ksmith@drd.us.com or call 760-347-3484.

# Cathedral City

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

#### **Cathedral City High School Swimming Pool**



69-250 Dinah Shore Drive, Cathedral City, CA 92201 (760) 347-3484 HOURS: See Activities for Times/Days

# CAMP & AFTER SCHOOL PROGRAMS

#### KIDS CLUB - RIVER CANYON

In partnership with Hope through Housing, this Kids Club location is exclusively for the children and teens that reside at River Canyon Apartment Complex; this program



provides mentorship, a healthy snack, homework assistance, and activities that support academic enrichment, as well as weekly cooking/baking with the participants.

LOCATION: River Canyon Apartment Complex (program area)
DATES: Ongoing During School Year
(holidays may be excluded). Follows the Palm Springs Unified
School District (PSUSD) Calendar

TIME: 3 – 6 p.m. DAYS: Monday through Friday

AGES: 5 – 17 Years of Age FEE: Free



#### **SWIM & WATER ACTIVITIES**

#### LIFEGUARD TRAINING COURSE

This lifeguard course consists of two days of training. To complete this course, participants must attend both days and successfully complete each component of the course.

Components required as well as what to bring will be listed online prior to registering.

LOCATION: Cathedral City High School Swimming Pool

DATES: March 27 & 28 TIME: 8 a.m. – 5 p.m. AGES: 16 Years of Age and Over

FEE: If interested in on-the-job training, the course fee is waived; otherwise, this course is \$250.





# The COACHELLA VALLEY DISCERS is a local Disc Golf Club based in the beautiful Coachella Valley.

Desert Recreation District (DRD) is excited to partner with the Coachella Valley Discers to help bring new Disc Golf events and future programs to the desert for one of the fastest growing sports for all to enjoy! Check DRD's website for future programs and locations at MyRecreationDistrict.com and for current

Coachella Valley Discers events and tournaments

go to facebook.com/groups/cvdiscers.

COME OUT AND PLAY WITH US! Enjoy some fun and friendly competition under the Coachella Valley sun.



#### For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

#### **Bagdouma Park Community Center**



51-251 Douma Street, Coachella, CA 92201 (760) 347-3484 HOURS: Mon, Wed, Thurs, Fri: 2:30 – 6 p.m. Tuesday: 3 – 7:30 p.m. Saturday & Sunday: Closed

## 50 ACTIVE ADULT & SENIOR PROGRAMS

#### FIT AFTER 50

Strengthen muscles, maintain joint flexibility, and increase blood flow with exercises that benefit the entire body while having FUN! This class is developed through a partnership with the Office of Aging in Riverside County.

**ENROLLMENT: Ongoing** 

DAYS: Mondays & Wednesdays TIME: 8:30 – 9:30 a.m.

AGES: 50 Years of Age and Over

FEE: Free

# ART & MUSIC

#### **ART SCENE**

The Art Scene will introduce participants in the Eastern Coachella Valley to art and give them a safe place to let their creative minds explore. Each class will be led by an instructor and participants will be able to take the completed painting home at the end of the class.

DATES: January 10 • February 21 • March 13 • April 10

DAY: Wednesdays TIME: 5:30 – 7 p.m.

AGES: 6 – 10 Years of Age

FEE: Free thanks to funding from the Anderson Children's

Foundation



#### **Bagdouma Community Pool**



84-599 Avenue 52, Coachella, CA 92236 (760) 347-3484 Reserve Spring and Summer Rentals Now

#### **GUITAR - BEGINNING**

Learn the basics such as strumming, rhythm, finger picking and tuning - techniques that will get students playing right away! Lessons include how to read chord charts and tablature.

**ENROLLMENT: Ongoing** 

DAYS: Thursdays TIME: 5:15 – 6:15 p.m.

AGES: 9 Years of Age and Over FEE: \$50 per Month

#### PIANO - BEGINNING

The piano's timeless pitch and tone make it one of the friendliest to learn. The use of a keyboard along with instruction will be part of this fun, friendly atmosphere. Our Piano classes teach students how to read music along with theory and technique.

**ENROLLMENT: Ongoing** 

DAY: Tuesdays TIME: 5:30 - 6:30 p.m. AGES: 7 - 17 Years of Age FEE: \$70



**Please Note:** All in–person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.



#### **WINTER ART PROGRAM**

The Winter Art Program is a great way to introduce your child to a variety of different arts and crafts. This program will give participants the opportunity to let their creative minds run free and explore their inner artist.



#### **ENROLLMENT:**

January 9 - February 13

DAY: Tuesdays TIME: 4:30 – 5:30 p.m.

AGES: 7 – 10 Years of Age

FEE: Free thanks to funding from the Anderson Children's

Foundation





enrichment.

#### **CAMP & AFTER SCHOOL PROGRAMS**

#### KIDS CLUB - LAS CASAS

In partnership with the Coachella Valley
Housing Coalition, this Kids Club is exclusively
for the residents at Las Casas Apartments.
This after school program, in a safe
environment, provides mentorship, a healthy snack,
homework help, and activities that support academic

LOCATION: Las Casas Apartments
DATES: Ongoing During School Year
(holidays may be excluded)

TIMES: 2:30 – 6 p.m. DAYS: Tuesday through Friday

AGES: 5 – 17 Years of Age FEE: Free



## COMMUNITY EVENTS

#### **EGGSTRAVAGANZA**

You won't have to hunt for one of the best Easter-egg hunts in the valley – our Eggstravaganzas include lots of fun activities like face painting, potato sack races, hula-hoop contests and more – so bring your Easter basket and head to the location that is nearest you. The egg hunt will be divided into age groups.



LOCATION: Bagdouma Community Park

DATE: Saturday, March 30 TIME: 10 a.m. – 12 p.m.

AGES: 12 Years of Age and Younger

FEE: Free

#### HEARTS AND CRAFTS VALENTINE WORKSHOP

Join us for a fun filled Valentine's -Hearts and Crafts night! Cupid will host a night of crafts, games, and goodies! Don't forget to bring a box to decorate for all your Valentine's Day cards. Registration is required.

DATE: Monday, February 12

TIME: 5:30 - 7 p.m.

AGES: 5 – 12 Years of Age

FEE: Free



#### LET IT GLOW (YOUTH SOCIAL)

We welcome Youth in Coachella and surrounding communities to join us for a fun night of fun, dancing, music and games! We will be having a Silent Disco for the first 50 participants as well as an indoor glow golf course set up inside of the Bagdouma Community Center. Registration is required and space is limited so enroll today.

DATE: Wednesday, April 3

TIME: 5:30 - 7 p.m.

AGES: 6 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's

Foundation



For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484



#### **BEGINNING BALLET**

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. These classes can also improve balance, poise, and coordination.

**ENROLLMENT: Ongoing** 

**DAY:** Fridays

TIME: 5:30 – 6:15 p.m. AGES: 5 – 10 Years of Age

FEE: \$42 per Month



#### DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing DAY: Thursdays TIME: 4 – 4:45 p.m. AGES: 2½ – 5 Years of Age

FEE: \$42 per Month

#### FOLKLORICO (Ballet Folklorico)

Learn the many different styles of the dance that originated in Mexico, Folklorico. The choreography reflects Mexico's diverse ethnic makeup through dance steps influenced by Spanish, European, African and Caribbean cultures.

ENROLLMENT: Ongoing DAY: Tuesdays

TIMES & AGES: 6:15 - 7:15 p.m. •  $3 - 7\frac{1}{2}$  Years of Age

7:15 - 8:15 p.m. •  $7\frac{1}{2} - 13$  Years of Age

FEE: \$55 Per Month

(Shoes and dress can be purchased with the instructor)





#### BASKETBALL

#### **BASKETBALL TRAINING ZONE**

Basketball Training Zone is a year-round program that allows you to enroll for the month or drop-in when it is convenient for you. This class offers you drills and quality instruction that will help you develop your basketball skills.

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LOCATION: Basketball Courts at Bagdouma Park

**ENROLLMENT: Ongoing** 

DAYS: Fridays TIME: 5:30 – 6:30 p.m.

AGES: 7 – 12 Years of Age FEE: \$40 per Month

#### **MULTI-SPORT**

#### YOUTH SPORTS CONDITIONING

Improve your athletic skills, agility, and footwork. The Youth Sports Conditioning class incorporates speed drills, body weight exercises, cardio drills and plyometrics, offering a total body workout to assist in conditioning for all sports.

\*Please note: A 50% scholarship is available for Coachella residents thanks to the National Recreation & Park Association. Must register in person and have proof of Coachella residency to receive scholarship.

**ENROLLMENT: Ongoing** 

DAYS: Thursdays TIME: 6 - 6.45 p.m.

AGES: 10 – 12 Years of Age

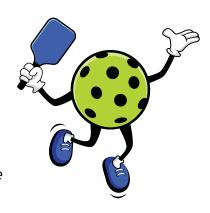
FEE: \$30 per Month\*

#### NATIONAL RECREATION AND PARK ASSOCIATION

#### **PICKLEBALL**

#### YOUTH PICKLEBALL

Pickleball is an indoor or outdoor racket/paddle sport in which two players, or four players, play against each other by hitting a hollow ball over a net. This introductory class will teach your child the basic rules, techniques, and fundamentals of Pickleball.



ENROLLMENT: Ongoing DAYS: Tuesdays TIME: 5 – 6 p.m. AGES: 7 – 13 Years of Age

FEE: \$40 per Month



**Please Note:** All in–person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.



#### READY, SET, RUN

Ready, Set, Run! is a character-building running program that trains kids ages 7 – 14 to participate in a 5k run in March 2024. This curriculum-based program equips kids with the physical training and goal-setting mentality needed to accomplish their running goals. \*Please note: A 50% scholarship is available for Coachella residents thanks to the National Recreation & Park Association. Must register in person and have proof of Coachella residency to receive scholarship.

ENROLLMENT: January • February

DAYS: Tuesdays TIME: 5 – 6 p.m.

AGES: 7 – 14 Years of Age

FEE: \$60 per Month\*

NATIONAL RECREATION AND PARK ASSOCIATION

#### SOCCER

#### TINY SOCCER STARS

Our instructors will teach children the beginning fundamentals of the sport of soccer that include passing, trapping, shooting, and defending. We encourage participants to bring shin guards and non-skid athletic shoes.

\*Please note: A 50% scholarship is available for Coachella

residents thanks to the National Recreation & Park Association. Must register in person and have proof of Coachella residency to receive scholarship.

ENROLLMENT: Ongoing

DAYS: Mondays TIME: 6:15 - 7 p.m.

AGES: 4 – 6 Years of Age FEE: \$30 per Month\*





NATIONAL RECREATION AND PARK

NRPA

#### **TODDLER & ME SOCCER**

Toddler and Me Sports will consist of fun toddler friendly soccer activities, exercises, and games. It is a wonderful opportunity to teach your kiddo how to socialize and stimulate brain development through active play.

\*Please note: A 50% scholarship is available for Coachella residents thanks to the National Recreation & Park
Association. Must register in person and have proof of Coachella

NATION RECREATION RECREATION

residency to receive scholarship.

RECREATION AND PARK ASSOCIATION

**ENROLLMENT: Ongoing** 

DAYS: Mondays TIME: 5:30 – 6 p.m.

AGES: 2 – 4 Years of Age FEE: \$20 per Month\*

#### **ADULT FUTSAL**

Come join us for our FIRST action packed nights of Adult Futsal. Pick up style games will be played at Bagdouma Park. Games will consist of 10 minutes or first to 3 goals. Players must respect the beautiful game and all the beautiful ways it can be played.

**ENROLLMENT: Ongoing** 

DAYS: Last Friday of Every Month:

January 27 • February 24 • March 31 • April 28 TIME: 6 – 7 p.m. AGES: 16 Years of Age and Older

FEE: \$40



#### YOUTH FUTSAL CLINIC

Are you a Futsal enthusiast who wants to sharpen your footwork, speed, and skills? If the answer is "YES!" Come out and join our Coachella Youth Futsal Clinic. This program will teach you drills, footwork, speed, and agility skills to get your game to the next level. We will practice non-contact drills to focus on your individual skills to prepare for any incoming futsal season.

ENROLLMENT: Ongoing DAYS: Fridays TIME: 5 – 6 p.m. AGES: 7 – 11 Years of Age

FEE: \$40

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

#### YOUTH SOCCER CLINIC

Our clinic will focus on various drills to improve your soccer skills. For all classes we will also cover the fundamentals of the sport of soccer. We encourage all athletes to bring a soccer ball, shin guards and non-skid athletic shoes or cleats.

**ENROLLMENT: Ongoing** 

DAYS: Mondays

TIME: 7 - 8 p.m. AGES: 6 - 10 Years of Age

FEE: \$40 per Month

#### T-BALL ROOKIES

Join the T-Ball Rookies Clinic!
Instructors will guide participants
towards developing their
baseball skills which will include
catching, throwing, batting
stance and base running. We will
also cover the fundamentals of
the sport of baseball. This
program is great for participants
who have little to no baseball
experience. Athletes are
encouraged to bring their own
aloves and helmet.



ENROLLMENT: January & February DAYS: Tuesdays TIME: 5:15 – 6 p.m.

AGES: 4 – 7 Years of Age FEE: \$30 per Month

#### STREET HOCKEY

Intro to Street Hockey is a beginner level class that will teach you the basics and fundamentals of the game. Street hockey is played on pavement with sneakers, a stick, puck, and a goal. This class will help you develop stick handling skills, passing skills, and shooting skills.



ENROLLMENT: Ongoing DAYS: Thursdays TIME: 5 – 5:45 p.m. AGES: 7 – 13 Years of Age

FEE: \$30 per Month

#### YOUTH FOOTBALL CLINIC

Are you a football enthusiast who wants to sharpen your footwork, speed, and skills? If the answer is "YES!" Come out and join our Coachella Youth Football Clinic. This program will teach you football drills, footwork drills, and speed agility skills to get your game to the next level. We will practice work out drills and work on game time situations. This session is going to be non-



contact drills to focus on your individual skills and sharpen your techniques to prepare for your next football season.

ENROLLMENT: March & April DAYS: Thursdays TIME: 5 – 6 p.m. AGES: 7 – 11 Years of Age

FEE: \$40 per Month

# BERGER FOUNDATION ICEPLEX

## **Skate Classes and Hockey Tot!**

#### \$5.00 OFF DISCOUNT CODE

Available for Learn to Skate Classes and Hockey Tot

#### **DRDwinter**

Receive \$5 off classes, January 8 – February 24, 2024. Code expires January 21, 2024.

#### **DRDspring**

Receive \$5 off classes, March 4 – April 20, 2024.

Code expires March 17, 2024.

**Learn to Skate** 



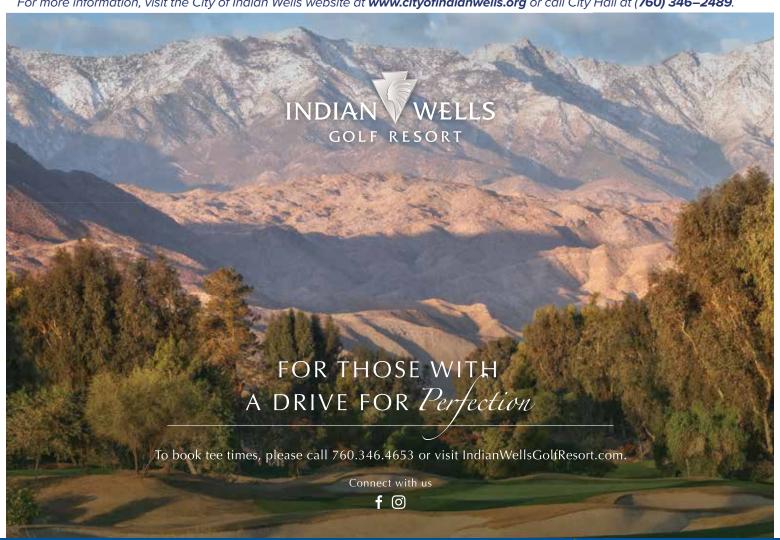
Learn to Play Hockey Discount does not apply.



Please note all ice skating and hockey activities take place at the Berger Foundation Iceplex. Please register by using the QR Codes or on-line at BergerFoundationIceplex.com

# Indian Wells

For more information, visit the City of Indian Wells website at www.cityofindianwells.org or call City Hall at (760) 346-2489.





# Join The Fun Team!

## WE ARE HIRING.

If you Enjoy working with people, or if you have a Passion for recreation and fitness, we may be a great fit for you.

**VARIETY OF POSITIONS AVAILABLE FULL & PART TIME** 

Apply today to join the "FUN TEAM" at Desert Recreation District!

MyRecreationDistrict.com/employment-opportunities

**OR** just scan the QR code



## **Independent** Contract Instructors!

Do you have a class or program that you want to share with our guests? DRD is always looking for new classes that will spread the fun within our communities. Please go to our website to learn more on becoming a Contract Instructor

# Enjoy The Golden State's Treasured landscapes This winter and spring at our Southern California Parks and beaches!

OUTDOOR EQUITY GRANT PROGRAM: COMMUNITY CAMPING TRIPS

# COASTAL CONSERVANCY GRANT PROGRAM: COASTAL ENCOUNTERS







Looking to explore the natural wonders of the great outdoors? Join us on a 3-day-2-night camping trip to learn the fundamentals of camping and discover tools to live a happier life. This program is funded by the Outdoor Equity Grants Program, created through AB 209 and administered by California State

Parks. Office of Grants and Local Services.

Trips are open to those **8 years of age and over**.

For more information visit: MyRecreationDistrict.com/outdoor

PARK: Anza Borrego Desert State Park

**DESCRIPTION:** Experience the unique beauty of the desert

wildflowers in bloom!

**DATE:** April 19 – 21

PARK: Leo Carrillo State Beach

**DESCRIPTION:** ¡Vamos a acampar! A camping trip hosted in Spanish. \*Open to everyone, no matter your

level of Spanish.



Encounter the beauty of the pacific coastline on a trip to the sandy beaches of Southern California!

Thanks to funding from the California State Coastal Conservancy, we are able to offer these fun day trips FREE of cost for our residents.

Conservancy

Time: 8:00 a.m. – Transportation Departure from the Indio Community Center parking lot

DATE:	January 15
LOCATION:	Coronado Bayshore Bikeway
DESCRIPTION:	Trips for Kids Coastal Bike Ride, Ages 10–17
DATE:	February 12
LOCATION:	La Jolla Cove
DESCRIPTION:	Adaptive Trip, All Ages Welcome
DATE:	February 22
LOCATION:	La Jolla Cove
DESCRIPTION:	Senior Coastal Trip, Ages 50+
DATE:	February 28
LOCATION:	Torrey Pines Natural Reserve Hike, San Diego
DESCRIPTION:	LGBTQ+ Trip, Teenagers and Allies are Welcom
DATE:	March 6
LOCATION:	Dana Point
DESCRIPTION:	Trips for Kids Coastal Bike Ride, Ages 10-17
DATE:	March 27

**LOCATION:** Laguna Beach Tide Pools and Coastal Walk Trail

**DESCRIPTION:** Multi-generational trip, All Ages Welcome





# Announcing an Exciting New PARTNERSHIP

We're thrilled to share some exciting news with you! Desert Recreation District (DRD) is delighted to announce the expansion of our partnership with the City of Indio. This collaboration represents a significant step forward in our shared mission to create a safe, enjoyable, and fun park environment for the entire Indio community as well as neighboring ones.

Kevin Kalman, General Manager of DRD, shared his enthusiasm for this partnership, stating, "Our collaboration with the City of Indio is a significant leap forward in our ongoing mission to create vibrant, thriving communities through recreational opportunities. We are excited to care for the city's 13 beautiful open spaces and provide a safe and welcoming environment for all."

As you look through the following pages of activities in Indio, you will see some that will be taking place at locations such as Miles Avenue Park and South Jackson Park. Events like our Easter Scavenger Hunt and Sports including Youth Football Clinics, Tiny Soccer Stars, Youth Soccer Clinics and Youth Soccer Skills and Scrimmage will be at some of these parks. Thanks to this expanded partnership between DRD and the City of Indio, these cherished parks, with newly managed programs, are poised to become hubs of activity and entertainment for individuals and families alike while bringing a positive impact to the community.

At the heart of this partnership lies the introduction of DRD's new Indio Park Attendants, a dedicated team of individuals who will play a pivotal role in ensuring a safe and amazing experience during your next park visits. They will be ensuring that each of Indio's open spaces is ready for your enjoyment, monitoring park activities and so much more including park rules, activities, facilities, and events. Their presence will undoubtedly enrich your park experience.

The responsibilities of our Park Attendants include vigilantly monitoring park activities to promote responsible usage, providing essential assistance during emergencies, fostering positive interactions among DRD staff, City staff, the Indio Police Department (IPD), and the community, preserving the parks by maintaining clean and well-stocked restrooms, reporting maintenance needs, incidents of vandalism, and other issues to the relevant City departments for prompt resolution.

We are excited about the positive impact this partnership will have on the City of Indio. Together, we are committed to ensuring that our public spaces are cherished, respected, and well-maintained for generations to come. Residents can make reservations for park facilities, inquire about upcoming programs, and access a wealth of valuable information related to community events and services by calling 760-347-4263, or stop by our Indio Community Center at 45-871 Clinton Street in Indio. Additional information can always be found online at MyRecreationDistrict.com







Please Note: All in-person activities take place at the Indio Community Center or Park unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

#### **Indio Community Center**



45-871 Clinton Street, Indio, CA 92201 (760) 347-4263

HOURS: Monday – Friday: 6 a.m. – 9 p.m. Saturday: 10 a.m. - 2 p.m.

Sunday: Closed

#### Indio Teen Center



81-678 Avenue 46, Indio, CA 92201 (760) 347-4263 **HOURS:** See Activities for Times/Days

#### **Pawley Pool Family Aquatic Complex**



46-350 Jackson Street, Indio, CA 92201 (760) 342-5665 **HOURS:** See Activities for Times/Days

#### 50 ACTIVE ADULT & SENIOR PROGRAMS

#### SENIOR ART EXPRESSION CLASS

Unleash your creative expression and stretch your artistic muscles in a fun, social setting, This class will explore various art forms and experiment with a variety of materials from painting, printing, paper art projects and watercolor painting.

LOCATION: Indio Teen Center

DATE: Saturday, February 3 TIME: 12:30 – 2 p.m.

AGES: 50 Years of Age and Over

FEE: \$10





#### ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

#### ADAPTIVE ARCHERY

Archery is a sport to assist with muscle development, accuracy, balance, coordination, and patience. The program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to promote participant success.



Ongoing monthly on Tuesdays

FEE: \$25 per Month

#### Adaptive Archery – Adults

TIME: 2:30 - 3:30 p.m.

AGES: 17 Years of Age and Over with a Disability

or a Special Need

#### Adaptive Archery - Youth

TIME: 3:30 - 4:30 p.m.

AGES: 7 – 16 Years of Age and Over with a Disability

or a Special Need





#### ADAPTIVE BASKETBALL

Basketball can improve a player's fitness level while working on skill sets including shooting and dribbling.
Participants will receive instruction from our adaptive coaches while working through drills.

**ENROLLMENT: Ongoing** 

DAYS: Wednesdays TIME: 3:15 – 4:15 p.m.

AGES: 10 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month



Join us for Boccia, the Paralympic sport for all abilities. We are looking to expand this skill and accuracy driven game within the valley, and the skill sets of each participant.

**ENROLLMENT: Ongoing** 

DAYS: Wednesdays TIME: 2:15 – 3 p.m.

AGES: 10 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month

#### ADAPTIVE FITNESS CLASS

Join us for a demanding workout that has options for all ability levels. Class will focus on strength & conditioning with the use of minimal equipment.

**ENROLLMENT: Ongoing** 

TIME: 5 - 5.45 p.m. DAY: Tuesdays

AGES: 8 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month

#### **ADAPTIVE GYMNASTICS**

Classes focus on proprioceptive, vestibular, and deep pressure inputs to engage participants in each skill.

**ENROLLMENT: Ongoing** 

DAYS: Saturdays TIME: 9 – 9:50 a.m.

AGES: 5 – 12 Years of Age

with a Disability or a Special

Need

FEE: \$25 per Month





#### **ART PROGRAM**

Our Art Programs are a great way to introduce young children to the importance of Art. This program provides participants with a safe place to let their creative minds



explore and no prior experience necessary.

ENROLLMENT: February 3 • March 2

DAYS: Saturday TIMES: 10 – 11:30 a.m.

AGES: 6 – 11 Years of Age FEE: \$10 per Day

#### **GUITAR - BOTH LEVELS**

SESSION DATES:

January 11 – February 8 • February 22 – March 21 DAYS: Thursdays AGES: 9 Years of Age and Over

FEE: \$80 per Session

#### **GUITAR - BEGINNING**

Learn the basics such as strumming, rhythm, finger picking and tuning - techniques that will get students playing right away!
Lessons include how to read chord charts and tablature.

TIME: 6 - 7 p.m.

#### GUITAR - SECOND LEVEL

Students in this continuation class will learn how to play real songs by real artists. You will acquire the skills of reading music and playing music from song books.

TIME: 7 – 8 p.m.

#### PARENT AND ME MUSIC TIME

Enjoy this music time, having fun and bonding with your child.

This class is for children and their parent(s) to come and learn a song or a dance. Every session there will be a new song or dance taught.

new song or dance taught.

ENROLLMENT: Ongoing

DAYS, TIMES & FEES:



Thursdays •10:30 – 11 a.m. • \$40 per Month Saturdays • 11:30 a.m. – 12 p.m. • \$30 per Month

AGES: Children 2 & 3 Years of Age with a Parent or Guardian



**Please Note**: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

# ART & MUSIC

#### PIANO - ADULT

This class will teach adults how to play piano from the start by using a keyboard. They will learn notes, rhythms, scales, and hand positions.



**ENROLLMENT: Ongoing** 

DAYS: Tuesdays TIMES: 10 – 11 a.m.

AGES: 18 Years of Age and Over FEE: \$65 per Month

#### PIANO - YOUTH BEGINNING

Students will learn piano by being in a class setting while using a keyboard. They will be learning notes and rhythm while playing, in addition to learning the beginning of scales and hand positions all on the keyboard.

**ENROLLMENT: Ongoing** 

DAYS: Saturdays TIMES: 10 – 11 a.m.

AGES: 6 – 16 Years of Age FEE: \$85 per Month

#### PIANO - YOUTH INTERMEDIATE

Students will continue their piano journey by learning more techniques and scales. They will be playing song pieces from song books and sheet music that will be easy but challenging for the student.

**ENROLLMENT: Ongoing** 

DAYS: Wednesdays TIMES: 5:30 – 6:30 p.m. AGES: 6 – 16 Years of Age FEE: \$85 per Month

#### SPRING ART PROGRAMS

Our Spring Art Programs are a great way to introduce young children to the importance of Art. This program provides participants with a safe place to let their creative minds explore and no prior experience necessary.

LOCATION: Indio Teen Center

DATES: Thursday, April 4 FEE: \$10

**Preschool Spring Art Program** 

TIMES: 3 - 4:30 p.m. AGES:  $2\frac{1}{2} - 5$  Years of Age

**Youth Spring Art Program** 

TIMES: 10 – 11:30 a.m. AGES: 6 – 11 Years of Age

#### **WINTER ART PROGRAMS**

Our Winter Art Programs are a great way to introduce young children to the importance of Art. This program provides participants with a safe place to let their creative minds explore and no prior experience



necessary.

DATES: Thursday, January 4 FEE: \$10

**Preschool Winter Art Program** 

TIMES: 2 - 3:30 p.m. AGES:  $2\frac{1}{2} - 5$  Years of Age

**Youth Winter Art Program** 

TIMES: 4 – 5:30 p.m. AGES: 6 – 11 Years of Age



#### CAMP & AFTER SCHOOL PROGRAMS

#### KIDS CLUB - VILLA HERMOSA

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Villa Hermosa Apartments. This after school program, in a



safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Villa Hermosa Apartments
ENROLLMENT: Ongoing During School Year

(holidays may be excluded) Follows the DSUSD calendar.

TIME: 3 – 6 p.m. DAYS: Monday through Friday

AGES: 5 – 17 Years of Age FEE: Free

#### SPRING CAMP

Each day, the true camp experience begins as the staff leads the group in fun, lively camp games and songs. Campers will learn new skills and build self-esteem through sports, activities, scavenger hunts, creative arts and tons of group games. All activities are carried out under the watchful eye of our camp staff.



DATES: April 1 – 5

TIME: 7:30 a.m. – 6 p.m. AGES: 5 – 14 Years of Age FEES: \$140 per Camper DAILY DROP-IN FEE: \$25



#### **WINTER CAMP**

Our camps offer a fun and safe environment for kids out of school during the Winter break where they will participate in a variety of activities throughout the day. It's a great place for kids to make new friends and create memories.

#### SESSION DAYS & DATES:

Week One: (Tuesday thru Friday) December 26-29, 2023 Week Two: (Tuesday thru Friday) January 2-5, 2024

TIME: 7:30 a.m. -6 p.m. AGES: 5-13 Years of Age

FEES: \$112 per Week



Please Note: Registering for events ahead of time is the best way to ensure there is room for you to join in the fun! Register at <a href="MyRecreationDistrict.com/community-events">MyRecreationDistrict.com/community-events</a> or in person at any DRD facility.

#### ALICE IN WONDERLAND TEA PARTY

You are cordially invited to an Alice in Wonderland Tea Party! Come dressed in your finest attire or party dress. Play fun Wonderland themed games, make craft projects and enjoy the tea party with finger food.

DATE: Friday, April 12 TIME: 4 – 5:30 p.m. AGES: 3 – 9 Years of Age FEE: \$15 per Participant



#### DAY OF THE CHILD (DÍA DE LOS NIÑOS)

Join us in celebrating
Day of the Child/ Día De
Los Niños with fun
games, books, shows
and prizes. Experience
the joy of learning
through reading and
recreation. This free
event is open to all ages.



DATE: Saturday, April 27 TIME: 10 a.m. – 12 p.m.

AGES: 2 – 10 Years of Age

FEE: Free

#### EASTER SCAVENGER HUNT

**<⋯ NEW** 

Come on down to our Easter Scavenger Hunt.

This is a great event to celebrate Easter. Participate in our scavenger hunt around the park, if you find all the items on your card, turn it in for a special prize!

LOCATION: North Jackson Park (Rotary Park area)

DATE: Friday, March 22 TIME: 5 – 7 p.m. AGES: 3 – 11 Years of Age FEE: Free

#### **EGGSTRAVAGANZA**

You won't have to hunt for one of the best Easter-egg hunts in the valley - our Eggstravaganzas include lots of fun activities like face painting, potato sack races, hula-hoop contests and more — so bring your Easter basket and head to



the location that is nearest you. The egg hunt will be divided into age groups.

LOCATION: Indio Community Center Park

DATE: Saturday, March 30 TIME: 10 a.m. – 1 p.m. AGES: 12 Years of Age and Younger FEE: Free

#### SPRING YOUTH SOCIAL

Come in and enjoy our Youth Social. Fun activities will include art, crafts, science, dancing, fitness, group games and much more. Space is limited.

DATE: Friday, April 5 TIME: 3 – 5 p.m.

AGES: 6 – 12 Years of Age FEE: \$10 per Participant

#### ST PATRICK'S DAY LEPRECHAUN HUNT

Lucky the Leprechaun has hidden gold all throughout the park and we need your help to find it! Come search throughout the Indio Community Center Park for the lucky pot of gold. This event will take place outdoors and will have various craft stations set up after the Leprechaun Hunt.



DATE: Saturday, March 16 TIME: 9 a.m. – 12 p.m.

AGES: 4 – 9 Years of Age FEE: Free



Please Note: All in-person activities take place at the Indio Community Center or Park unless otherwise noted in the activity details that follow.



#### COMMUNITY EVENTS

#### VALENTINE'S CRAFT EVENT & SCAVENGER **HUNT**

Come on down to our Valentine's Craft Event & Scavenger Hunt. This is a great way to celebrate Valentine's Day by participating in our scavenger hunt around the park, then stopping by one of our craft booths to make a handmade valentine for one of your loved ones.



DATE: Saturday, February 10 TIME: 9 a.m. – 12 p.m.

AGES: 3 – 12 Years of Age FEE: Free



#### BALLROOM, LATIN AND SWING DANCE CLASS

This class is designed for the student who has never danced before, but always wanted to! Students will be taught the fundamentals of music and rhythms of dances such as Swing and slow dance.



February 5 – 26, \$45

March 4 – 25, \$60 • April 1 – 29, \$75

DAYS: Mondays TIME: 6:30 – 7:30 p.m.

AGES: 18 Years of Age and Over



Children let their inner ballerinas emerge while they are taught the basics of ballet in this beginning class. These classes can also improve balance, poise, and coordination.



**ENROLLMENT: Ongoing** 

DAYS & TIMES: Mondays, 5:30 - 6:15 p.m. **OR** 

Wednesdays, 4 - 4:45 p.m. **OR** Saturdays, 10 - 10:45 a.m.

AGES: 5 – 10 Years of Age FEE: \$42 per Month

#### **BEGINNING SALSA**

This class is designed for the first-time dance student who has never danced before, but always wanted to. Students will be taught the fundamentals, leads and follow along with a better understanding of music and rhythms of Salsa.

DATES & FEES:

January 8 – 29, \$45 • February 5 – 26, \$45

March 4 – 25, \$60 • April 1 – 29, \$75

DAYS: Mondays TIME: 7:30 – 8:30 p.m.

AGES: 18 Years of Age and Over

#### **BUNNYJIVE DANCE CLASS**

Bunnyjive is a fabulous new way of teaching children how to learn a language and dance while having fun.

**ENROLLMENT: Ongoing** 

DAYS: Tuesdays TIMES: 5 – 6 p.m.

AGES: 5 – 10 Years of Age FEE: \$60 per Month

#### DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.



TIME: 9 - 9:45 a.m.

AGES: 2½ – 5 Years of Age FEE: \$42 per Month



#### **GYMNASTICS**

**Location of classes:** All gymnastics classes are held at The District Gymnastics Academy located within the Indio Community Center and enrollment is ongoing unless otherwise noted

#### A NOTE REGARDING GYMNASTICS REGISTRATION:

Priority registration is available at one of the courtesy counters for currently enrolled participants re-enrolling in their same class for the following month, or first-time participants enrolling in the current month.

Open enrollment at the courtesy counter is available the first day of the month for those on the wait list and new participants as spots become available.

Fees for one day per week classes are adjusted for three, four, or five week sessions.





#### **BUDDY 'N ME GYMNASTICS**

You and your little buddy will love this class! Toddlers get the chance to have fun learning coordination skills like balancing, climbing, tumbling, swinging, and bouncing. Tumbling together is exhilarating.



AGES: 1-4 Years of Age with a Parent or Guardian

DAYS & TIMES:

Wednesdays: 1:45 - 2:15 p.m. **OR** 2:15 - 2:45 p.m.

Saturdays: 10:15 – 10:45 a.m. FEE: \$45 per 4-week session

#### DESERT TUMBLEWEEDS GYMNASTICS

This is the perfect class for little gymnasts. Preschoolers learn balance and coordination skills. The class emphasizes concentration, sharing and social skills while building physical strength. Your little tumbleweed will have lots of fun!

AGES: 4 – 6 Years of Age

DAYS & TIMES:

**Mondays:** 2:30 – 3:15 p.m. **OR** 5:30 – 6:15 p.m.

**OR** 6:30 – 7:15 p.m.

**Tuesdays:** 6 - 6:45 p.m. **OR** 6:45 - 7:30 p.m. **Thursdays:** 2:30 - 3:15 p.m. **OR** 4:30 - 5:15 p.m.

**OR** 6:45 – 7:30 p.m.

**Saturdays:** 10 – 10:45 a.m.

AGES: 3 – 6 Years of Age

DAYS & TIMES:

**Tuesdays:** 1:30 - 2:15 p.m. **OR** 2:15 - 3 p.m.

**Wednesdays:** 3 – 3:45 p.m. FEE: \$60 per 4-week session

#### BOYS' BEGINNING - ADVANCED GYMNASTICS

This class teaches all six men's gymnastics Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings. Class focus will be on gymnastics skills and techniques while increasing strength and flexibility, coordination, and self-esteem.

**DAYS:** Mondays

TIME: 5 - 6:30 p.m. **OR** 6:30 - 8 p.m

FEE: \$80 per 4 week session



#### GIRLS' BEGINNING GYMNASTICS

Girls interested in gymnastics will love this class as it gets to the heart of the four Olympic events for women of vault, bars, beam and floor. While learning basic skills and techniques, this class also includes flexibility and strength training.

#### DAYS & TIMES:

**Mondays:** 3:15 – 4:45 p.m. **OR** 4 – 5:30 p.m.

**OR** 4:45 – 6:15 p.m. **OR** 6:15 – 7:45 p.m.

**Tuesdays:** 3 – 4:30 p.m. **OR** 4:30 – 6 p.m. **OR** 6:30 – 8 p.m.

**Wednesdays:** 3 – 4:30 p.m. **OR** 4:30 – 6 p.m.

**OR** 6 - 7:30 p.m. **OR** 7 - 8:30 p.m.

**Thursdays:** 3:15 – 4:45 p.m. **OR** 4:30 – 6 p.m. **OR** 6 – 7:30 p.m.

**Saturdays:** 11 a.m. – 12:30 p.m. FEE: \$80 per 4 week session



#### GIRLS' INTERMEDIATE GYMNASTICS

This class is by Invitation-only and designed for second level skills. Instruction follows USA Gymnastics progressions on the four Olympic events of vault, bars, beam, and floor with continual emphasis on strength and flexibility.

#### DAYS & TIMES:

Tuesdays 4:45 - 6:15 p.m. **OR** Wednesdays 4:30 - 6 p.m.

**OR** Thursdays 5:15 – 6:45 p.m. FEE: \$80 per 4—week session

#### GIRLS' ADVANCED GYMNASTICS

Another acknowledgment of advanced skills, this **by**Invitation-only class follows the progressions of USA
Gymnastics on the four Olympic events of vault, bars, beam, and floor. Train with the best in the valley as skills continue to improve.

DAYS: Mondays TIMES: 3:15 – 4:45 p.m.

FEE: \$80 per 4-week session



**Please Note**: All in–person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



#### **GYMNASTICS TRAMPOLINE**

Learn trampoline basics and skills progression. This class introduces the basics for trampoline and tumbling development. Following USAG's Development Program designed to build basics in a safe and progressive setting.

DAYS: Wednesdays

TIME: 4:30 - 5 p.m. **OR** 5 - 5:30 p.m. **OR** 5:30 - 6 p.m.

FEE: \$45 Per 4-week session



#### **GYMNASTICS TUMBLING**

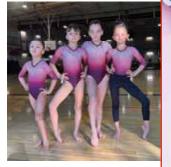
Learn tumbling skills on the floor and tumble track. This class focuses on specific drills for learning correct form and is recommended for those who want to acquire cheerleading tumbling skills.

DAYS: Mondays TIME: 7:15 – 8:15 p.m.

FEE: \$70 Per 4-week session

#### **TEAM COMPULSORY GYMNASTICS**

By Invitation—only. Levels 2, 3, 4 and 5 skills must be completed as defined by USA Gymnastics. This class provides an opportunity for gymnasts with advanced skills required for competition to shine in the sport of gymnastics and follows USA Gymnastics



progressions for Level 3, Level 4, and Level 5. Invitations are extended to individuals who demonstrate a strong dedication to the requirements of competitive training. The team competes in three to five meets throughout the year.

(Additional fee required for meets and competitive attire).

DAYS: Level 2 & 3 Mondays, Wednesdays, Fridays **OR**Level 4 & 5 Tuesdays, Thursdays, Fridays

74 TIME: 4 – 7 p.m. FEE: \$185 per Month

#### SENIOR TEAM - OPTIONAL GYMNASTICS

**By Invitation—only.** Levels 6 to 10 skills must be completed as defined by USA Gymnastics.

DAYS: Mondays, Tuesdays, Thursdays, Fridays TIME: 4 – 7 p.m. FEE: \$235 per Month

#### **GYMNASTICS JAMBOREE**

Gymnastics Jamboree provides an open gym experience for participants to practice or learn new tricks in a social supervised setting.

DAYS & TIMES:

Friday: 6:30 – 8 p.m. • Saturday: 12:30 – 2 p.m.

FEE: \$10 per person

#### **GYMNASTICS PRIVATE INSTRUCTION**

Private lessons accelerate and enhance learning while overcoming obstacles. They are perfect for students who would like extra time and individual attention to work on specific skills. Please inquire with any of our coaches.

FEE: \$35 per 30 minutes

# Follow us at facebook.com/drdgym

# CELEBRATE OUR BIRTHDAY!

WHAT A GREAT WAY TO CELEBRATE YOUR NEXT BIRTHDAY — AT THE DISTRICT GYMNASTICS ACADEMY IN THE INDIO COMMUNITY CENTER!

You and your friends will have a great time doing an hour and a half of fun-filled gymnastics and games as our coaching staff is trained to provide a safe and structured party that is sure to be a hit.

**1.5 HOUR GYMNASTICS ONLY PARTY** 1 – 10 people, \$175 *-OR-* 11 – 20 people, \$275

#### 2.5 HOUR PARTY

(1½ hours gymnastics & 1 hour use of multi-purpose room) 1 - 10 people, \$225 - OR 11 - 20 people, \$325

CALL AND BOOK YOUR PARTY TODAY!



# HEALTH & FITNESS

#### **SALSAEROBICS**

People love salsa dancing - the music, the dance moves, the exercise you get from it, and the social aspect of it. Add aerobics and you have a class that helps with flexibility, conditioning, shaping up, and more.

**ENROLLMENT: Ongoing** 

DAYS: Mondays, Wednesdays, Fridays

TIME: 8 – 10 a.m. AGES: 18 Years of Age and Over **FEE:** \$45 per Month DROP-IN FEE: \$7 Per Class



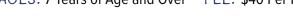
#### KARATE COMBO - 2 DAYS

These classes focus on a combination of traditional martial arts philosophies with modern day self-defense strategies while gaining self-esteem and discipline.

ENROLLMENT: Ongoing DAYS & TIMES:

Tuesdays & Thursdays, 7 – 8 p.m. **OR** Mondays & Wednesdays, 6:45 – 7: 45 p.m.

AGES: 7 Years of Age and Over FEE: \$40 Per Month



#### LITTLE DRAGONS KARATE PROGRAM

Our Little Dragons program teaches children balance, coordination, listening skills and respect. It is also a fun way for children to learn the art of self-defense using all parts of the body.

ENROLLMENT: Ongoing DAYS: Tuesdays & Thursdays

TIMES: 6 - 6:30 p.m. **OR** 6:30 - 7 p.m.

AGES: 4 – 7 Years of Age FEE: \$50 per Month





#### **SPECIAL INTEREST**

# K9 NOSE WORK-BASIC-INTRO TO SCENT WORK WORKSHOP

This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.

LOCATION: Indio Teen Center ENROLLMENT: March 5 – 26

DAY: Tuesdays TIME: 12 – 12:50 p.m.

AGES: 18 Years of Age and Over

FEE: \$150

#### K9 NOSE WORK-ADVANCED DETECTIVE

This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors, and exteriors. Prerequisite: K9 Nose Work Intermediate Workshop.

LOCATION: Indio Teen Center ENROLLMENT: March 5 – 26

DAY: Tuesdays

TIME: 11 – 11:50 a.m.

AGES: 18 Years of Age and Over

FEE: \$150



#### LEARNING THROUGH PLAY

The Learning Through Play Workshop is a series of theater games and exercises specifically designed to engage all students. Students will learn stage direction, vocal projection, body movement and basic singing.

DAYS, TIMES & DATES:

Thursdays • 4 - 6 p.m.

January 11 – February 15 • February 22 – March 28

Saturdays • 9:30 – 11:30 a.m.

January 13 – February 17 • February 24 – March 30

AGES: 7 – 13 Years of Age FEE: \$150 per Session



Please Note: All in-person activities take place at the Indio Community Center or Park unless otherwise noted in the activity details that follow.

# SPECIAL INTEREST

#### STEAM DAYS

Instructors will lead participants with step-by-step instructions on how to create various STEAM activities (learning that combines science, technology, engineering, the arts, and math) in these classes. All supplies will be provided.

LOCATION: Indio Teen Center

FEE: \$10 per Session

#### Spring Break STEAM Day

DATE: Wednesday, April 3

TIMES & AGES:

**Pre-K:** 10 – 11:30 a.m. • 3 & 4 Years of Age Youth: 12 – 1:30 p.m. • 6 – 12 Years of Age



#### ARCHERY

#### ARCHERY - YOUTH

Our archery program teaches the fundamentals of archery including proper shooting form. This program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to promote participant success.



DAYS: Tuesdays **OR** Thursdays TIMES: 4:30 – 5:30 p.m.

AGES: 7 – 17 Years of Age FEE: \$40 Per Month



#### BASKETBALL CLINIC

Our Youth Basketball Clinic offers quality and motivational instruction in a fun, competitive environment at the Indio Teen Center outdoor courts. This program covers proper stretching,

offensive and defensive drills, and correct shooting practices.

LOCATION: Indio Teen Center

DATES: March 2 - 30

DAYS: Saturdays TIME: 9 – 10 a.m. AGES: 7 – 10 Years of Age FEES: \$50



#### BASKETBALL TRAINING ZONE

These beginning level, year-round classes offer drills and quality instruction that will help participants develop basketball skills - this class is perfect for a basketball player to begin their athletic adventure!

#### BASKETBALL TRAINING ZONE -GIRLS. 5 & 6 YEARS OF AGE

DATES & FEES:

January 8 – 29, \$15 • February 5 – 26, \$15 March 4 – 25, \$20 • April 8 – 29, \$20

DAYS: Mondays TIME: 4:30 - 5 p.m.

#### **BASKETBALL TRAINING ZONE -**GIRLS. 7 - 10 YEARS OF AGE

DATES & FEES:

January 4 – 25, \$40 • February 1 – 29, \$40

March 7 – 28, \$40 • April 11 – 25, \$30

DAYS: Thursdays TIME: 4 - 5 p.m.

#### BASKETBALL TRAINING ZONE -COED, 5 & 6 YEARS OF AGE

DATES & FEES:

January 8 – 29, \$15 • February 5 – 26, \$15

March 4 - 25, \$20 • April 8 - 29, \$20

DAYS: Mondays TIME: 4 - 4:30 p.m.

#### BASKETBALL TRAINING ZONE -COED, 7 - 10 YEARS OF AGE

DATES & FEES:

January 12 – 26, \$30 • February 2 – 23, \$40

March 1 – 29, \$40 • April 12 – 26, \$30

DAYS: Fridays TIME: 4-5 p.m. **OR** 5-6 p.m.

#### BASKETBALL TRAINING ZONE -COED, 11 - 14 YEARS OF AGE

DATES & FEES:

January 2 – 30, \$50 • February 6 – 27, \$40

March 5 - 26, \$40 • April 9 - 30, \$40

DAYS: Tuesdays TIME: 4 – 5 p.m.





#### DRD BASKETBALL SKILLS CHALLENGE EVENT

The DRD Basketball Skills Challenge provides youth ages 9 to 14 the opportunity to showcase their fitness through a dribbling, shooting and rebounding skills competition in the sport of basketball.

DATE: Saturday, January 20 TIMES: 10:30 a.m. – 1:30 p.m. DIVISION CHECK-IN TIMES:

9 – 10 Years of Age check-in at 10:15 a.m.
11 – 12 Years of Age check-in at 11:15 a.m.
13 – 14 Years of Age check-in at 12:15 p.m.

FEE: Free



#### SPRING BASKETBALL CLINICS

These basketball clinics offer players quality, motivational instruction in a fun, competitive environment. The program covers proper stretching, offensive and defensive drills, and correct shooting practices.

#### **COED CLINICS**

DATES: April 1 & 3

**DAYS: Monday & Wednesday** 

TIME & AGES: 10 - 10:45 a.m. • 5 & 6 Years of Age

11 a.m. - 12 p.m. • 7 - 10 Years of Age

12:15 – 1:15 p.m. • 11 – 14 Years of Age

FEES: \$20 per Player ages 5 & 6 \$25 per Player all other ages





# INDIO SUMMER YOUTH BASKETBALL LEAGUE

Registration Opens: March 15, 2024

Early Bird Ends: April 30, 2024

**SAVE \$25** 

on Division A - D fees for Early Bird Registration

**League Play Starts Mid – June 2024** 

#### **VOLUNTEER COAHCES NEEDED**

Contact Manny Marrujo at 760-347-4263

Little Dribblers (Ages 5 – 6) \$80 per Participant

Divisions A - D (Ages 7 - 14) \$100 per Particpant







**Please Note**: All in–person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



#### **FOOTBALL**

#### SPRING YOUTH FOOTBALL CLINIC

This program will teach football drills, footwork drills, and speed agility skills to get your game to the next level. This session is going to be non-contact drills to focus on your individual skills and sharpen your techniques to prepare for your next football season.

LOCATION: Indio Teen Center

DATES: April 1-4 TIME: 8-9 a.m.

AGES: 7 – 10 Years of Age FEE: \$40 per Player

#### YOUTH FOOTBALL CLINIC

Football enthusiasts who want to sharpen their footwork, speed, and skills are invited to come join our Indio Youth Football Skills Clinic. This program will teach football drills, footwork drills, and speed agility skills.

AGES: 7 – 10 Years of Age

FEE: \$40 per Player

LOCATION: Miles Avenue Park

DAYS: Mondays TIMES: 6:30 - 7:30 p.m. DATES: January  $8 - 29 \cdot \text{February } 5 - 26$ 

March 4 – 25 • April 8 – 29

LOCATION: Indio Teen Center

DAYS: Saturdays TIMES: 9 – 10 a.m.

DATES: April 6 – 27

#### **MULTI-SPORT CLASSES**

#### LITTLE CHAMPS

Your "Little Champ" can learn about different sports in a class that offers fun game drills and quality instruction that will help develop your child's hand-eye coordination, running, and sports skills. Sports include basketball, soccer, relay games, golf, and more.

**ENROLLMENT: Ongoing** 

DAYS: Mondays **OR** Wednesdays

TIME: 1:30 - 2 p.m. AGES: 3 - 5 Years of Age

FEE: \$20 per Month for either Mondays or Wednesdays

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#### YOUTH SPORTS ACADEMY - SPRING BREAK

These academies allow participants to learn multiple sports such as Soccer, Volleyball, Archery, Basketball, Track & Field, and Kickball. They keep kids active during school breaks.

DATES: April 1 – 4

DAYS: Monday, Tuesday, Wednesday, Thursday

TIME: 9 a.m. -12 p.m. AGES: 5-14 Years of Age

FEE: \$60

#### YOUTH SPORTS CONDITIONING

Improve your athletic skills, agility, and footwork. The Youth Sports Conditioning class incorporates speed drills, body weight exercises, cardio drills and plyometrics, offering a total body workout to assist in conditioning for all sports.

**ENROLLMENT: Ongoing** 

DAYS: Mondays & Wednesdays

TIME: 4:15 – 5 p.m.

AGES: 7 – 14 Years of Age

FEE: \$50 per Month



#### SOCCER

#### TINY SOCCER STARS

Our Tiny Soccer Stars instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting, and defending. We will also cover the fundamentals of the sport of soccer. This program is great for participants who have little to no soccer experience.

AGES: 4 – 6 Years of Age

#### **Tiny Soccer Stars at Miles Avenue Park**

LOCATION: Miles Avenue Park

TIME: 6 – 6:45 p.m. DAYS, DATES & FEES:

#### **Tuesdays**

January 2 – 30, \$37.50 • February 6 – 27, \$30

March 5 - 26, \$30 • April 9 - 30, \$30

#### **Thursdays**

January 4 – 25, \$30 • February 1 – 29, \$37.50

March 7 – 28, \$30 • April 11 – 25, \$22.50



#### TINY SOCCER STARS CONTINUED

**Tiny Soccer Stars at Indio Teen Center** 

LOCATION: Indio Teen Center

DATES: February 3 - 24 TIME: 8:15 - 9 a.m.

DAYS: Saturdays FEE: \$30

Tiny Soccer Stars Spring Clinic at Indio Teen Center

LOCATION: Indio Teen Center

DATES: April 1 – 4 TIME: 8 – 8:45 a.m. DAYS: Monday, Tuesday, Wednesday, Thursday

FEE: \$30

YOUTH SOCCER CLINIC - 6 - 10 YEARS OF AGE

Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer.

LOCATION: Indio Teen Center

DATES: February 3 – 24 DAYS: Saturdays TIME: 9 – 10 a.m. FEE: \$40 per Month

LOCATION: Miles Avenue Park

DATES: January 2 - 30 • February 1 - 29

March 5 – 28 • April 9 – 30

**DAYS: Tuesdays & Thursdays** 

TIME: 7 - 8 p.m. FEE: \$60 per Month

#### YOUTH SOCCER SPRING CLINICS

Our clinic will focus on various drills to improve your soccer skills. For all classes we will also cover the fundamentals of the sport of soccer. We encourage all athletes to bring shin quards and non-skid athletic shoes or cleats.

LOCATION: Indio Teen Center DATES: April 1 – 4 FEE: \$40

DAYS: Monday, Tuesday, Wednesday, Thursday
TIMES & AGES: 9 – 10 a.m. • 6 – 10 Years of Age

10:15 - 11:15 a.m. • 11 - 14 Years of Age



#### YOUTH SOCCER SKILLS & SCRIMMAGE (11 – 14 YEARS OF AGE)

This class is for youth who are looking to show off their skills in this brand new Skills and Scrimmage Class. We will work the players out, put them on even teams, and let them play games each night on our newly renovated Miles Park Field.

LOCATION: Miles Avenue Park

DATES: January 2 – 30 • February 1 – 29

March 5 – 28 • April 9 – 30

DAYS: Tuesdays & Thursdays TIME: 8 – 9 p.m.

AGES: 11 – 14 Years of Age FEE: \$60 per Session

#### T-BALL

#### T-BALL ROOKIES

For our T-Ball Rookies Clinic, instructors will guide participants towards developing their baseball skills which include catching and throwing the ball, batting stance and base running. We will also cover the fundamentals of the sport of baseball.

LOCATION: Indio Teen Center

DATES: Saturdays, January 6 - 27TIME: 8:15 - 9 a.m. **OR** 9:15 - 10 a.m.

AGES: 4 – 6 Years of Age FEE: \$30 for either Session



#### TRACK & FIELD

#### TRACK & FIELD CLINIC

Learn track & field events to improve your athletic skills. You will learn short and long-distance running, long and triple jumping techniques, and more. Classes will be held indoors and outdoors depending on weather.

**DAYS: Tuesdays & Thursdays** 

DATES: January 2 – 30 • February 1 – 29

March 5 – 28 • April 9 – 30

AGES, TIMES &FEES:

5 - 7 Years of Age • 4 - 4:45 p.m.

8 - 10 Years of Age • 5 - 5:45 p.m.

FEES: \$50 per Month



**Please Note**: All in–person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



#### **VOLLEYBALL**

# BEGINNER/INTERMEDIATE VOLLEYBALL - COED

For those just beginning, instruction will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball. For the Intermediate players, you will enhance your key beginning volleyball skills such as the volley, set, serve, pass, block, and attack.

**ENROLLMENT: Ongoing** 

DAYS: Fridays TIME: 3:30 – 4 p.m.

AGES: 6 - 10 Years of Age

FEE: \$20 per Month

# INTERMEDIATE/ADVANCED VOLLEYBALL - COED

Learn how to prepare your skills for tournament play and high school play in this class, which is geared towards structured training, significant skills improvement, and game knowledge. Each program is staffed by a skilled volleyball instructor with a proven coaching background. We look forward to seeing you on the court!

ENROLLMENT: Ongoing DAYS: Fridays

TIMES, AGES & FEES:

4 – 4:30 p.m. • 10 – 14 Years of Age • \$20 per Month 4:30 – 5:30 p.m. • 13 – 18 Years of Age • \$40 per Month



#### **VOLLEYBALL - TEAM ADVANCED**

Do you want to prepare your skills for tournament and high school play? These classes are geared toward structured training, significant skill improvement, and enhanced game knowledge.

**ENROLLMENT: Ongoing** 

DAYS: Fridays TIME: 8 – 9 p.m.

AGES: 10 – 18 Years of Age FEE: \$40 per Month

Volleyball - Team Level 5

**ENROLLMENT: Ongoing** 

DAYS: Fridays TIME: 5:45 – 6:45 p.m. AGES: 10 – 18 Years of Age FEE: \$40

Volleyball – Team Level 7

**ENROLLMENT: Ongoing** 

DAYS: Fridays TIME: 7 – 8 p.m.

AGES: 10 – 18 Years of Age FEE: \$40 per Month



#### **SWIM & WATER ACTIVITIES**

#### LIFEGUARD TRAINING COURSE

This lifeguard course consists of two days of training. To complete this course, participants must attend both days and successfully complete each component of the course. Components required as well as what to bring will be listed online prior to registering.

LOCATION: Pawley Pool Family Aquatic Complex

DATES: April 1 – 2 • April 3 – 4

TIMES: 8 a.m. – 5 p.m.

AGES: 16 Years of Age and Over

FEE: If interested in on-the-job training, the course fee is

waived; otherwise, this course is \$250.





# TOT PROGRAMS

#### LITTLE ATHLETES

Children will engage in a variety of sports related movements during structured exercises and improve their gross motor skills. Each class will focus on a different sport exercise, drills and high and low-key games, all in a non-competitive atmosphere.

ENROLLMENT: Ongoing AGES: 1½ – 3 Years of Age

LOCATION: Indio Community Center

DAY: Mondays or Wednesdays TIME: 2:15 – 2:45 p.m.

FEE: \$20 per Month

LOCATION: Indio Teen Center

DAY: Saturdays TIME: 10:15 – 11 a.m.

FEE: \$30 per Month

#### LITTLE EXPLORERS

Children will engage in a variety of classroom exercises including art, science, sports and movement and they will be guided through cool and fun experiments and crafts to show Mom and Dad.



**ENROLLMENT: Ongoing** 

DAY: Fridays TIME: 9 a.m. – 12 p.m.

AGES: 3 – 5 Years of Age FEE: \$50 per Month

#### **MOMMY & ME**

This program provides social interaction between parents and toddlers. Together you will explore rhythm, movement, creativity through song, along with indoor and outdoor play. Learn simple concepts that you and your toddler can explore together.

LOCATION: Indio Teen Center ENROLLMENT: Ongoing

DAY: Fridays TIME: 9 - 10:30 a.m.

AGES:  $1\frac{1}{2} - 2\frac{1}{2}$  Years of Age

FEE: \$30 per Month

#### MOMMY & ME - SPRING EVENT

Our Mommy & Me Spring Event is a great opportunity to celebrate the Spring season with your toddler. Come and participate in various Spring themed activities such as arts & craft projects, games, hunting for Easter eggs and even meet the Easter Bunny.

LOCATION: Indio Teen Center

DATE: Friday, March 29 TIME: 9 – 11 a.m.

AGES: 11/2 - 21/2 Years of Age

FEE: \$10

#### **TINY TOTS**

Classes encourage tots to engage in new activities, sharing, and more. Children learn how to participate in groups and express themselves creatively through art projects, stories, songs, games, and various other activities with a new theme every week.

ENROLLMENT: Ongoing DAYS: Mondays thru Thursdays

TIME: 9 a.m. – 12 p.m. AGES: 3 – 5 Years of Age

FEE: \$260 per Month







# Indio Hills

**Please Note**: All in-person activities take place at the **Indio Hills Community Center** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

#### **Indio Hills Community Center**



80-400 Dillon Road Indio Hills, CA 92201 (760) 347-3484 HOURS: See Activities for Times/Days

# 50 ACTIVE ADULT & SENIOR PROGRAMS INDIO HILLS SENIOR PROGRAM

Join us for a cup of coffee, bingo, loteria, crafts, and much more! This fun group comes together to celebrate birthdays, go on field trips, and make everlasting friendships.

**ENROLLMENT: Ongoing** 

DAYS: Tuesdays, Wednesdays, Thursdays

TIME: 9:30 a.m. - 12:30 p.m.

AGES: 50 Years of Age and Over FEE: Free



#### **CAMP & AFTER SCHOOL PROGRAMS**

#### AFTER SCHOOL CLUBHOUSE

Our after school clubhouse programs offer a safe, fun space for kids to be active, get homework help, and be social. Currently accepting sign-ins for a waitlist. Once the registration goal is reached the Clubhouse will re-open.



#### **COMMUNITY EVENTS**

#### **COMMUNITY CLEAN-UP**

Riverside County Department of Waste Resources: For more information, please visit: rcwaste.org or call (951) 486-3200.

DATE: Saturday, January 20 TIME: 8 a.m. – 12 p.m.

AGES: All Ages FEE: Free

#### EASTER EGG HUNT

Welcome to our second annual Easter Egg Hunt for Indio Hills community members. We will host an array of activities,

including hair painting, face painting, indoor golf and prizes!

DATE:

Saturday, March 23

TIME: 10 a.m. – 12 p.m.

AGES: All Ages FEE: Free



#### FIND FOOD DISTRIBUTION

We bring the food from the FIND Food Bank as a way to help families within the Indio Hills Community. Distributions will be

at the Indio Hills Community Center parking lot. Please adhere to drive through safety signs, and food is distributed on a first come, first served basis.



DISTRIBUTION: Second Friday of the month (may exclude holidays)

TIME: 9:30 – 11:30 a.m. (or until all food has been distributed)

AGES: All Ages FEE: Free

#### INDIO HILLS COMMUNITY COUNCIL MEETING

On the dates specified below, the Indio Hills Community Council will hold their informational meeting for all who live in the community of Indio Hills, during which you can hear the latest Riverside County news regarding your community from government officials, county authorities and Desert Recreation District.

Please contact dschemmer@rivco.org
as meetings may be held via Zoom, or may be in-person.

TENTATIVE DATES: Tuesday, January 16 & March 19 TIME: 6 – 8 p.m. • OPEN TO ALL AGES

For meeting dates and more information, please visit: https://rivco4.org/Councils/Community-Councils



A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

#### La Quinta Community Fitness Center & Park



77-865 Avenida Montezuma, La Quinta, CA 92253 (760) 564-9921

HOURS: Monday – Friday: 5:30 a.m. – 8:30 p.m.

Saturday: 8 a.m. – 12 p.m.

Sunday: Closed



#### 50 ACTIVE ADULT & SENIOR PROGRAMS

#### FIT AFTER 50

This class is developed through a partnership with the Office of Aging in Riverside County to assist Seniors in maintaining strength, mobility and function. Exercises will focus on strengthening the upper and lower body, help improve balance and flexibility, restore strength, and increase independence.

**ENROLLMENT: Ongoing** 

DAYS: Mondays, Wednesdays, Fridays

TIME: 11:30 a.m. – 12:45 p.m. AGES: 50 Years of Age and Over

FEE: FREE for DRD Get Fit Pass members or

\$5 for Facility Use Pass



#### **Fritz Burns Pool**



78-107 Avenue 52, La Quinta, CA 92253 (760) 771-4347 **HOURS:** See Activities for Times/Days



#### **ART & MUSIC**

#### **BEGINNING PIANO FOR ADULTS**

The piano's timeless pitch and tone make it one of the friendliest to learn. The use of a keyboard along with instruction will be part of this fun, friendly atmosphere. Our Piano classes teach students how to read music along with theory and technique.

**ENROLLMENT: Ongoing** 

DAYS: Thursdays TIMES: 2 – 3 p.m.

AGES: 18 Years Old and Older FEE: \$65 per Month

#### **GUITAR**

Beginning class teaches the basics you need to start playing the guitar. Learn to read chord charts and tablature, and develop finger picking, and tuning. Learn to play songs right away!

Second Level class teaches new chords, rhythms and songs from known popular artists. Also enjoy an easy introduction to reading standard notation for learning simple guitar solos.

ENROLLMENT: January 9 – February 6

February 20 - March 19 • April 2 - April 30

DAY: Tuesdays AGES: 9 Years of Age and Over LEVELS & TIMES: **Beginning** • 6 – 7 p.m.

**Second Level** • 7 - 8 p.m.

FEE: \$80 per Session



Please Note: All in-person activities take place at the La Quinta Community Center unless otherwise noted in the activity details that follow.



#### **CAMP & AFTER SCHOOL PROGRAMS**

#### KIDS CLUB - VISTA DUNES

In partnership with Hope Through Housing, this Kids Club is exclusively for the residents at Vista Dunes Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Vista Dunes Apartment Complex

**DATES: Ongoing During School Year** (holidays may be excluded)

DAYS: Monday through Friday TIME: 3-6 p.m.

AGES: 5 – 17 Years of Age FEE: Free

#### WINTER CAMP SAMPLER

Our Winter Camp Sampler is the perfect opportunity for your child to enjoy a taste of the summer day camp-like experience over winter break. Each day will include games, crafts and lunchtime with special theme days such as Winter Wonderland Crafts, Healthy Holiday Bake-Off, Wacky Winter Games, Snowtacular, or Elves, Santa & Snowmen, Oh My! Your child will need to bring a sack lunch each day.

2024 DATES: Wednesday, January 3

Thursday, January 4 • Friday, January 5

TIME: 8:30 a.m. – 12 p.m. AGES: 4 – 12 Years of Age

FEE: \$66 for the Week, \$15 per Day



#### BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. Parents are welcome to watch their children learn in this fun environment.

AGES: 5 – 10 Years of Age FEE: \$42 Per Month

**ENROLLMENT: Ongoing DAYS:** Thursdays TIMES: 5:30 - 6:15 p.m.

#### **BEGINNING BALLROOM, SWING & SALSA**

This upbeat beginner Ballroom class is a NEW great start to learn these very popular dances.

Instruction in solid basics and dance patterns will be taught in classic Swing and Salsa. Singles and couples are welcome.

ENROLLMENT: January 11 – 25 • February 8 – 22

March 7 - 21 • April 4 - 18

DAYS: Thursdays TIME: 6:30 – 7:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$40 per Month DROP-IN FEE: \$15 per Class

#### DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.

**ENROLLMENT: Ongoing** 

DAYS & TIMES: Mondays, 4 - 4:45 p.m. OR

Wednesdays, 5:30 – 6:15 p.m. **OR** Fridays, 9 – 9:45 a.m. AGES: 2½ – 5 Years of Age FEE: \$42 per Month

#### LINE DANCING FOR BEGINNERS **NEW**



Join in for this fun and upbeat class learning Line Dancing! Learn the Cupid Shuffle, Electric Slide, and today's most popular steps too! Dancing keeps your body fit, your mind sharp and your spirits lifted.

ENROLLMENT: January 11 – February 1 • February 8 – 29

March 7 – 28 • April 4 – 25

DAYS: Thursdays TIME: 11:30 a.m. – 12:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$50 per Session DROP-IN FEE: \$15 per Class

## **HEALTH & FITNESS**

#### FREE FITNESS WORKSHOPS FOR GYM MEMBERS



DATES: Third Tuesday of the Month

TIME: 11 a.m. – 12p.m. AGES: 18 years of age or older January 16: Balance Work – Learn to use balance tools such

Aeromat, Bosu, Wobble boards and Terra Core.

February 20: Core Work – Review or learn plank variations on the mat. Add balance tools to your core work.

March 19: Dumb Bell Alt. – Learn alternative exercises to target muscle groups using body weight and medicine balls.



#### FREE FITNESS WORKSHOPS FOR GYM MEMBERS - CONTINUED

April 16: Stability Ball – Learn to use the stability ball to embellish your work outs.

Register in Person at the La Quinta Community Center

FEE: Free for DRD Facility Pass members or \$5 daily drop in

#### HULA DANCE FOR FITNESS & FUN **←・・ NEW**

The sounds of beautiful Hawaiian music play while you learn to exercise with Hula. Build stamina, flexibility, grace, rhythm, and balance while tightening your core, arms and thighs with this traditional dance.

#### **ENROLLMENT & FEES:**

January 22 – March 4, \$66 • March 18 – April 29, \$77

DAYS: Mondays TIME: 6 – 8 p.m. AGES: 18 Years of Age and Over DROP-IN-FEE: \$14 per Day

#### PERSONAL TRAINING



#### (Single, 30 minutes and 5-pack sessions)

Prevent injury, see results, reach your goals! From stretching and weight training, or sport-specific sessions, personal training will maximize your health and guide you towards reaching your fitness goals. All trainers are certified by an accredited organization and will customize each workout plan to your needs.



**ENROLLMENT: Ongoing** 

**Contact the La Quinta Community Fitness Center to book** your training.

AGES: 16 Years of Age and Over

FEES: Single 60 Minute Session – \$80

5 Sessions of **60** Minutes – \$350

Single 30 Minute Session – \$45

5 Sessions of 30 Minutes - \$195

#### SHAPE UP WITH SHARON

Combining Yoga, Pilates, and free weights, Sharon teaches everyone from beginners to advanced participants how to physically and mentally achieve greatness, build muscle and increase flexibility.



#### SHAPE UP WITH SHARON - CONT.

**ENROLLMENT: Ongoing** 



DAYS: Mondays & Thursdays TIME: 9 – 10 a.m.

AGES: 16 Years of Age and Over

FEE: \$65 per Month DROP-IN-FEE: \$10 per Day

#### SOUND BATH THERAPY

Come relax with us! A sound bath uses musical instruments to create a relaxing meditative experience. Benefits of a sound bath include relaxation, stress reduction, and improved sleep. Guided by a trained instructor.

**ENROLLMENT: Ongoing** 

DAYS: First Tuesday of every month

TIME: 10:30 – 11:30 a.m. AGES: 16 Years of Age and Over FEE: Free for DRD Facility Members or \$5 for Facility Use Pass

#### INTRO TO TAI CHI WORKSHOP

This Program allows participants to experience the benefits of Tai Chi movements, improving the balance, increasing lung capacity through focused breathing and quieting the mind. Preregistration required.

**DAYS: Wednesdays** 

DATES: January 10 • February 7 • March 6 • April 3 TIME: 9 – 9:45 a.m. AGES: 18 Years of Age and Over

FEES: \$16 per Session

#### TAI CHI FOR BEGINNERS

Tai Chi is ideal for someone who wants to improve their balance, strengthen their concentration and improve their lung capacity through focused breathing.

**ENROLLMENT: 3 classes per Session** 

DAYS: Wednesdays TIME: 9 – 9:45 a.m.

AGES: 18 Years of Age and Over FEES: \$48 per Month

#### **ZUMBA**

Everyone of every age loves Zumba! The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: Ongoing DAY & TIME: Tuesday, 10 – 11 a.m. Except for the 2nd Tuesday of the month that begins at 9 a.m. Wednesdays & Fridays, 10 – 11 a.m.

AGES: 18 Years of Age and Over

FEE: \$60 per Month DROP-IN FEE: \$8



**Please Note**: All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.



#### **CREATIVE BRAIN**

You Play Them—Now Make Them! Using KODU, an intuitive object-based coding engine developed by Microsoft®, participants will

be able to create their own unique game environments and challenges. Final projects are fully functional video games ready to be played! Please Note: KODU Game Lab is currently only supported for Windows operating systems.

LOCATION: Online DATES: Ongoing DAYS: Tuesdays TIME: 4:30 – 5:30 p.m.

AGES: 8 – 14 Years of Age FEE: \$80 per Month

#### K9 NOSE WORK- INTERMEDIATE - WORKSHOP

This intermediate series focuses on introducing your dog to several target odors that they will be trained to locate. Dog/handler teams begin to learn more challenging puzzle games including vehicle searches. **Prerequisite: K9 Nose Work Basic-Intro to Scent Work.** 

ENROLLMENT: January 9 - 30

DAY: Tuesdays TIME: 12 - 12:50 p.m.

AGES: 18 Years of Age and Over FEE: \$125

#### PARENTS' NIGHT OUT

Here's an opportunity for parents to enjoy a night out while your child enjoys a fun night in! We will keep them entertained with activities (outdoor and indoor), crafts, and a kid-friendly meal while you get some much-needed R&R. Children should wear comfy clothes and closed toed shoes.

DAYS: 2nd Saturday of every month TIME: 5 – 8:30 p.m. DATES: January 13 • February 10 • March 9 • April 13

AGES: 5 – 12 Years of Age FEE: \$25 per Session



#### ADULT SLOW PITCH SOFTBALL LEAGUE

Play Ball! Get your friends and family together to have some outside quality time playing one of America's all-time greatest sports! Participants 18 years and older are welcome. Games will be played at the Francis Hack ball field. Playoffs will be held for the top 4 teams the week after league play ends.

# ADULT SLOW PITCH SOFTBALL LEAGUE - CONTINUED

LOCATION: Francis Hack Field at La Quinta Community Park LEAGUES, DAYS & DATES:

#### **COED Mondays**

3 females per team minimum requirement to join the league.

January 8 - February 26 • March 18 - May 6

TIME: Game times vary between 6:15 – 10:15 p.m.

AGES: 18 Years of Age and Over

FEE: \$400 per Team

#### **BOCCE BALL FRIDAYS**

Interested in playing Bocce Ball or heard of it and want to know more about the game? Come out to the La Quinta Community Park on Fridays and enjoy a few games with other Bocce Ball enthusiasts from our community.

**ENROLLMENT: Ongoing** 

DAY: Fridays

TIME: 8 – 10 a.m.

AGES: 18 Years of Age and Over

FEE: Free for DRD Facility Pass members or \$5 daily drop in

# OPEN COURT TIME AT LA QUINTA BOYS & GIRLS CLUB

Thanks to a partnership between DRD, the Boys & Girls Club and the City of La Quinta, Volleyball will be offered on Tuesday and Thursday evenings, and Basketball on Wednesday evenings.

Doors will open at 6:45 p.m.

LOCATION: La Quinta Boys and Girls Club

**ENROLLMENT: Ongoing** 

TIME: 7 – 9 p.m.

DAYS: Tuesdays, Wednesdays, Thursdays

AGES: All Ages (13 Years of Age and under must be

accompanied by a paying adult)

FEE: \$5 Daily Drop-in, or purchase an Express Pass \$30 for 8 visits







### PARENT & ME SOCCER

This class focuses on the development and learning of children aged 2 to 4 years old. Motor and social skill improvements are made through fun instructional games and obstacle courses, all while learning the fundamentals of soccer. Note:



This activity requires parent or guardian participation.

LOCATION: La Quinta Community Park
ENROLLMENT: Ongoing DAY: Tuesdays

TIME: 9:30 – 10:30 a.m. AGES: 2 – 4 Years of Age

FEE: \$40 per Month DROP-IN FEE: \$8

### SKILLS & DRILLS - SPORTS MANIA

This program teaches youth the fundamentals of a variety of sports including: pickleball, basketball, volleyball, soccer and more. Not only will they learn, practice and strengthen their skills, but they will also have a blast being active with other youth their own age.

LOCATION: La Quinta Boys and Girls Club ENROLLMENT: February DAY: Wednesdays TIME: 6:45 – 8 p.m. AGES: 7 – 12 Years of Age

FEE: \$40 per Month



ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT FRITZ BURNS POOL UNLESS OTHERWISE NOTED

SCHOLARSHIPS WILL BE AVAILABLE FOR FREE YOUTH SWIM LESSONS THAT WILL LAUNCH ON APRIL 1, 2024! CHECK OUT PAGE 43 FOR MORE DETAILS.

**ENTRY FEES** (no separate entry fee required if you are enrolled in a class or lesson):

CHILDREN: \$3 (Under 3 Years of Age are free)

**ADULTS: \$4** 

Please check our website at <a href="MyRecreationDistrict.com/swim-water-programs">MyRecreationDistrict.com/swim-water-programs</a> for general information as hours of operation may change seasonally.

### SPECIAL EVENTS AT THE POOL

### PIRATE SPLASH PARTY

Our pirate-themed splash party will include music, candy, games and a treasure hunt!

Bring your bathing suit to enjoy this wet and wild event.

DATE: Saturday, March 9 TIME: 2 – 4 p.m. AGES: All Ages Welcome FEE: \$10 per Pirate

### WATER SAFETY WITH LENNY THE LANDSHARK

Come join us for a fun and interactive introduction to water safety for children with Lenny the Landshark. Topics will include basic water safety, sun safety, importance of a life jacket, overview of a pool, canal safety, and how to call for help. This is a FREE program and includes open swim entry for the day, but you will need to register ahead of time to attend.



DAYS & TIMES: Saturdays • 12 – 1 p.m.

DATES: January 27 • February 24 • March 30 • April 27

AGES: 3 – 12 Years of Age FEE: Free

### **ADULT CLASSES**

#### **ADULT WATER AEROBICS**

This shallow-water class is designed to build strength while having fun. The class will incorporate resistance tools such as buoyant water weights and noodles. Swimming ability is not required.

AGES: 18 Years of Age & Over FEE: \$50

TIMES: 10 - 10:45 a.m. for any of the combinations of days that follow; Saturdays only are 9 - 9:45 a.m.

### DAYS & DATES:

### Tuesdays & Thursdays:

January 9 – February 1 • February 6 – 29

March 5 – 28 • April 2 – 25

DAYS & DATES:

### Mondays & Wednesdays:

January 8 – 31 • February 5 – 28

March 4 – 27 • April 1 – 24

DAYS & DATES:

**Saturdays – 9 – 9:45 a.m.:** 

January 6 - 24 • March 2 - April 20





### SWIM & WATER ACTIVITIES

### SENIOR SPLASH CLASS

Senior Splash is a water aerobics and strength class designed for all skill levels – even for those who are not swimmers – to help maintain greater control of their health.

AGES: 18 Years of Age and Over

TIMES: 9 - 9.45 a.m. for any of the combinations of days that follow:

aucaravanununggunggar

DAYS & DATES:

### Mondays & Wednesdays:

January 8 – 31 • February 5 – 28

March 4 - 27 • April 1 - 24

FEE: \$25 per Session

### **Tuesdays & Thursdays:**

January 9 - February 1 • February 6 - 29

March 5 - 28 • April 2 - 25

FEE: \$25 per Session

### Mondays through Thursdays:

January 8 - February 1 • February 5 - 29

March 4 – 28 • April 1 – 25

FEE: \$50 per Session

### LIFEGUARD PRE-QUALIFICATION COURSE

Activities prepare candidates to recognize and respond quickly and effectively to emergencies and prevent drowning and injuries. Activities include swimming 300 yards, treading water, and object retrieval – full details available online within the registration details.

**ENROLLMENT: Ongoing monthly courses** 

DATES & TIMES: Saturdays • 11 a.m. – 12 p.m.

AGES: 16 Years of Age and Over FEE: Free

### **YOUTH SWIM CLASSES**

The cost for all of the following classes is \$62.50 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

January 8 – 18 • January 22 – February 1

February 5 – 15 • February 19 – 29

March 4 - 14 • March 18 - 28

April 1 – 11 • April 15 – 25

38

Now Offering Saturday Classes! January 6 - February 24 March 2 - April 20

### **INFANT SWIM LESSONS**

Our infant swim classes help them get comfortable in and around the water - and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.

### PARENT & ME CLASSES

AGES: 6 Months – 3 Years of Age

DAYS & TIMES: Monday – Thursdays: 12 – 12:45 p.m.

Saturdays: 11 – 11:45 a.m.

### **PRE-SCHOOL SWIM CLASSES**

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

### **GUPPIES CLASSES**

Children are placed in classes based on their ability, and parents do not accompany children in this class.

AGES: 3 – 6 Years of Age

DAYS & TIMES: Monday – Thursdays: 11 – 11:45 a.m.

Saturdays: 10 - 10:45 a.m.



### Concert Series at SilverRock

Saturday, February 10 • March 16 • May 4 • June 1, 2024

More information can be found for upcoming concerts by visiting the City of La Quinta Web Site at

www.playinlaquinta.com/Signature-Events

### Mission La Quinta: Rocket Launch at Monticello Park March 9 at 8 a.m.

Experience the thrill of building and lauching a rocket and see it soar!

Egg Hunt at La Quinta Park – Blackhawk Way March 30 at 9 a.m.

Come participate in this egg-cellent event!

La Quinta Picnic & Birthday Celebration at Civic Center Campus Friday, April 27 at 9 a.m.

Join us at Civic Center Park for some birthday cheer!

For more information on these events and more happening in the City of La Quinta, visit us at LAQUINTACA.GOV



A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

### **Mecca Community Center**



65-250 Coahuilla Street, Mecca, CA 92254 (760) 396-0257 HOURS: Monday – Friday: 8 a.m. – 2 p.m.

Saturday & Sunday: Closed

### **Mecca Community Pool**



65-250 Coahuilla Street, Mecca, CA 92254 (760) 347-3484 Reserve Spring and Summer Rentals Now

### 50 ACTIVE ADULT & SENIOR PROGRAMS

### MECCA SENIOR PROGRAM

Join us for the Mecca Senior Program where seniors can enjoy activities such as crafts, Fit After 50, art, guest speakers, resources and much more! Stop by and pick up our monthly calendar.

ENROLLMENT: Ongoing DAYS: Mondays – Thursdays TIME: 9 a.m. – 1 p.m. AGES: 50 Years of Age and Over FEF: Free



### ART & MUSIC

### SPRING ART PROGRAM

Our Spring Art Program is a great way to introduce youth to the importance of Art. This program provides participants a safe place to let their creative minds explore. Youth will have the opportunity to have fun, get creative and learn how to create various art projects.



DATES: March 18 – April 29 DAYS: Mondays TIMES: 5 - 6 p.m. AGES: 6 - 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's



### CAMP & AFTER SCHOOL PROGRAMS KIDS CLUB - PASEO DE LOS HEROES II

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Paseo De Los Heroes II Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Paseo De Los Heroes II Apartments **ENROLLMENT: Ongoing During School Year** (holidays may be excluded) Program follows the Coachella Valley Unified School District (CVUSD) Calendar.

TIME: 3 – 6 p.m. DAYS: Tuesday through Friday

AGES: 5 – 17 Years of Age

FEF: Free





**Please Note**: All in–person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.



### **CAMP & AFTER SCHOOL PROGRAMS**

### MECCA AFTER SCHOOL CLUBHOUSE

Our after school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

ENROLLMENT: Ongoing During School Year (holidays may be excluded)

TIME: School Dismissal to 6 p.m. DAYS: Monday through Friday

GRADES: Kindergarten through 6th Grade

FEE: Free\*

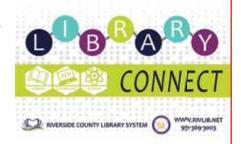
\*The Mecca After School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.



### **COMMUNITY EVENTS**

### RCLS LIBRARY CONNECT

The Riverside County Library System's Library Connect Vans are on a mission to bring the joy of reading and learning resources to every corner of the Coachella



Valley. Extending traditional library services to areas without nearby libraries, we offer free book checkouts, printing services, and a range of educational resources and activities for all ages. From computer and English classes to job-help services, engaging story times and STEAM programming, craft kits for adults and children, and many other programs, we're committed to making learning and library services accessible to communities throughout the Coachella Valley.

LOCATION: Mecca Community Center
DAY: Fridays FREQUENCY: Weekly
TIME: 10 a.m. – 12 p.m. and 2:30 – 4:30 p.m.



Check out the activities we offer in Mecca and neighboring communities at Instagram.com/DRD\_EastValley

### **EGGSTRAVAGANZA**

You won't have to hunt for one of the best Easter-egg hunts in the valley — our Eggstravaganzas include lots of fun activities like face painting, potato sack races, hula-hoop contests and more — so bring your Easter basket and head to the location that is nearest you. The egg hunt will be divided into age groups.



DATE: Saturday, March 30 TIME: 10 a.m. – 12 p.m. AGES: 12 Years of Age and Younger FEE: Free

### HEARTS AND CRAFTS VALENTINE WORKSHOP

Join us for a fun filled Valentine's - Hearts and Crafts night! Cupid will host a night of crafts, games, and goodies! Don't forget to bring a box to decorate for all your Valentine's Day cards. Registration is required.

DATE: Friday, February 9 TIME: 5 – 6:30 p.m.

AGES: 5 – 12 Years of Age FEE: Free



### LET IT GLOW (YOUTH SOCIAL)

We welcome all youth in Mecca and surrounding communities to join us for a night of fun, dancing, music and games! We will be having a Silent Disco for the first 50 participants, as well as a glow golf course. You do not want to miss this event, registration is required! Space is limited, so enroll today!

DATE: Friday, March 1

TIME: 6 - 7:30 p.m. AGES: 6 - 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's

Foundation



#### MECCA COMMUNITY RECREATION MEETING

We encourage all Mecca residents to join us to provide feedback and suggestions for future recreational programming in the community of Mecca. We will be discussing future events and the types of programs the community would enjoy. There will be raffles and activities for the children, as well as refreshments.

WHEN: Wednesday, January 24 at 6 p.m.



### MECCA FAMILY GLOW GOLF NIGHT

We welcome all families of Mecca and surrounding

communities to join us for a night of glow golf with the family and of course fun! Refreshments, snacks and material will be provided.

DATE: Friday, April 26 TIME: 6:30 – 8 p.m.

AGES: All Ages FEE: Free



### MECCA FAMILY PAINT NIGHT

Everyone in Mecca and surrounding communities are invited to join us for a night of painting with the family and of course fun! Refreshments, snacks and material will be provided. All materials will be provided.

DATE: Thursday, January 18 TIME: 6 - 7:30 p.m.

AGES: All Ages FEE: Free

### **MECCA LOTERIA NIGHT**

We are excited to welcome the community of Mecca and surrounding communities to join us for a night of games, community, and fun! All are welcome to participate in this fast, fun paced night of Loteria.

DATE: Wednesday, February 21 TIME: 6 – 7:30 p.m.

AGES: All Ages FEE: Free

#### PROM DRESS GIVEAWAY

Open to all high school seniors in the Coachella Valley, this program will offer free prom dresses in a variety of sizes, colors and styles. While we make every effort to have enough dresses for everyone, they are offered on a first come, first serve basis BY APPOINTMENT ONLY. Please email promdressgiveaway@drd.us.com to make your appointment and you must bring a valid school ID card. This program is offered in collaboration with Desert Best Friend's Closet.



Friend's Closet

### DATES & TIMES:

Friday, March  $15 \cdot 4 - 7$  p.m.

Saturday, March 16 • 9 a.m. – 12 p.m.

**ELIGIBLE PARTICIPANTS:** 

Coachella Valley students in 11th and 12th grades

FEE: Free



### FOLKLORICO (BALLET FOLKLORICO)

Learn the many different styles of the dance that originated in Mexico, Folklorico. The choreography reflects Mexico's diverse ethnic makeup through dance steps influenced by Spanish, European, African and Caribbean cultures.

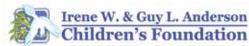


ENROLLMENT: January 30 – April 25 DAYS: Tuesdays TIMES: 6 – 7 p.m.

AGES: 7 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's

Foundation





### **MOVIES IN THE PARK/MOVIE NIGHTS**

We are pleased to bring you movies in the Park/Movie Nights. Please check the listings on our website at

**MyRecreationDistrict.com/movies** for the most up-to-date movie titles, locations, dates, and times, and bring a low-back lawn chair or picnic blanket for a family-friendly movie

experience. We are currently planning a movie on April 12 in Mecca. Please note inclement weather such as high winds can alter the schedule.





### **OUTDOORS**

### TAKE A HIKE! - LADDER CANYON

We would like to invite all our families in the East Valley - from Coachella to North Shore — to join us for TAKE A HIKE SATURDAY! Where we will host an organized group hike through beautiful Ladder Canyon and Painted Canyon Trail in Mecca.

### **MEETING PLACE:**

Trailhead at Painted Canyon Road in Mecca

DATE: Saturday, January 6 TIME: 8 a.m. – 12 p.m.

AGES: 8 Years of Age and Over

FEE: Free



Please Note: All in-person activities take place at the Mecca Community Center unless otherwise noted in the activity details that follow.

### SPECIAL INTEREST KIDS IN THE KITCHEN

Children will take home the recipes used for the meals they learn to create, and they will be provided with ingredients and the skills/ tools to incorporate a healthy and active lifestyle in their daily routines and family life.



DATES: February 28 • March 27 • April 24 TIMES: 4 – 5:30 p.m. **DAYS:** Wednesdays

AGES: 7 – 10 Years of Age

FEE: Free thanks to funding from the Anderson Children's

Foundation





Please Note: There is a program subsidy for all sports listed. Subsidies will be available while funds last.

#### T-BALL ROOKIES

For our T-Ball Rookies Clinic, instructors will guide participants towards developing their baseball skills which include catching and throwing the ball, batting stance and base running. We will also cover the fundamentals of the sport of baseball.

DAYS: Mondays TIME: 5 – 5:45 p.m. AGES: 4 – 6 Years of Age FEE: \$20



### YOUTH BASEBALL CLINIC

Join our Youth Baseball Clinic! Instructors will guide participants towards developing their baseball skills which includes catching, throwing, batting stance and base running. We will also cover the fundamentals of the sport of baseball. This program is great for participants who have little to no baseball experience.

ENROLLMENT: Ongoing DAYS: Mondays TIME: 5:45 - 6:45 p.m. AGES: 7 - 11 Years of Age

FEE: \$25 42

### YOUTH BASKETBALL CLINIC - COED

Do you want to improve your basketball skills but have limited time for sports? Here is a year-round program that allows you to enroll for the month or drop-in when it is convenient for you, and learn about the game from some of the most experienced enthusiastic instructors.

**ENROLLMENT: Ongoing** 

**DAYS: Mondays** TIME: 7 - 8 p.m.

AGES: 7 - 11 Years of Age

FEE: \$25



### YOUTH FOOTBALL CLINIC

Youth between the ages of 7 and 11 years of age who are football enthusiasts and want to sharpen their footwork, speed, and skills are invited to come join our Indio Youth Football Skills Clinic. This program will teach football drills, footwork drills, and speed agility skills.

**ENROLLMENT: March & April** 

**DAYS:** Tuesdays TIME: 6 - 7 p.m.

AGES: 7 - 11 Years of Age

FEE: \$25



#### TINY SOCCER STARS

Our Tiny Soccer Stars instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting, and defending. We will also cover the fundamentals of the sport of soccer. This program is great for participants who have little to no soccer experience.

**ENROLLMENT: Ongoing** 

LOCATION: Mecca Sports Park

**DAYS:** Tuesdays

TIME: 5:30 - 6:15 p.m. AGES: 4 – 6 Years of Age

FEE: \$20





### YOUTH SOCCER CLINIC

Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer.

**ENROLLMENT: Ongoing** 

LOCATION: Mecca Sports Park

DAYS: Tuesdays TIME: 6:15 - 7:15 p.m. AGES: 7 - 10 Years of Age FEE: \$25

### YOUTH SOCCER LEAGUE

Spring Youth Soccer League is here! We offer three age divisions for all players ages 4-12. Games will be played Thursday nights for a total of 8 weeks; Practice: Mondays or Tuesdays. Practice times are selected by each volunteer coach and usually take place between 5-8:30 p.m. start times depending on coaches availability.

LOCATION: Mecca Sports Park

DATES: Thursdays, February 29 - April 18

TIME: 5 - 8:30 p.m.

FEE: TBD

DIVISIONS: Division 1 • 10 – 12 Years of Age

Division  $2 \cdot 7 - 9$  Years of Age Division  $3 \cdot 4 - 6$  Years of Age

#### YOUTH SOCCER SKILLS & SCRIMMAGE

This class is for youth who are looking to show off their skills in this brand new Skills and Scrimmage Class. We will work the players out, put them on even teams, and let them play games each night on our newly built Mecca Sports Park.

ENROLLMENT: Ongoing LOCATION: Mecca Sports Park

DAYS: Tuesdays TIME: 7:15 - 8:15 p.m. AGES: 11 - 14 Years of Age FEE: \$25







For Kids
6 months to
5 Years of Age

Desert Recreation District offers Swim Lessons year-round at Fritz Burns pool in La Quinta. Classes offered are Parent & Me and Guppies.



First 5 Riverside County Sponsors a Scholarship Program for Families!

Visit: MyRecreationDistrict.com/swim-water-programs

# Operation SPLASH is back!

Scholarships are available for Free Youth Swim
Lessons sponsored by Kaiser Permanete. Scholarships
will launch on April 1, 2024, so be sure to visit

MyRecreationDistrict.com/swim-water-programs
and look for the OPERATION SPLASH APPLICATION.





**Please Note**: All in-person activities take place at the **North Shore Beach & Yacht Club** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

### **North Shore Beach & Yacht Club**



99-155 Sea View Drive, North Shore, CA 92254 (760) 393-0602 HOURS: Monday – Friday: 8 a.m. – 12 p.m. and 4 – 8 p.m. Saturday & Sunday: Closed

### 50° ACTIVE ADULT & SENIOR PROGRAMS

NORTH SHORE SENIOR PROGRAM

Join us for the North Shore Senior Program where seniors can enjoy activities such as exercise, art, guest speakers, resources, field trips, and much more. Drop by the center and pick up a monthly calendar!

**ENROLLMENT: Ongoing** 

DAYS: Tuesdays & Thursdays TIME: 9 a.m. – 1 p.m.

AGES: 50 Years of Age and Over FEE: Free





Check out the activities we offer in North Shore and neighboring communities at Instagram.com/DRD EastValley

### **North Shore Community Park**



99-480 70th Avenue, North Shore, CA 92254 (760) 393-0602 HOURS: See Activities for Times/Days

### ART & MUSIC

### SPRING ART PROGRAM

This program will give participants the opportunity to let their creative minds run free and explore their inner artist.

DATES: January 29 – March 4 DAYS: Mondays TIMES: 5 – 6 p.m. AGES: 6 – 11 Years of Age

FEE: Free thanks to funding from the Anderson Children's

Foundation



## CAMP & AFTER SCHOOL PROGRAMS NORTH SHORE AFTER SCHOOL CLUBHOUSE

Our after school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

ENROLLMENT: Ongoing During School Year (holidays may be excluded)

TIME: School Dismissal to 6 p.m. DAYS: Mondays – Fridays GRADES: Kindergarten through 6th Grade

FEE: Free\* – \*The North Shore After-School Program fee is usually \$200 per month. Due to program subsidies for those who

qualify, the program will be free until the funds are exhausted.



### COMMUNITY EVENTS

### **CATHOLIC CHARITIES FOOD DISTRIBUTION**

No paperwork is required to obtain food at this free event; food distributed on a first come, first served basis beginning at 8 a.m. until food is gone. This is a drive-thru distribution and food will be placed in your vehicle.

DAYS: Wednesdays FREQUENCY: Weekly

TIME: 8 – 9 a.m.

#### **COLLEGE AND CAREER FAIR**

Our College and Career Fair will be a day filled with information about how to apply to colleges, vocational schools and meet future employers who will be on



hand and have current and/or upcoming job openings.

LOCATION: North Shore Community Park

DATE: Saturday, April 13 TIME: 11 a.m. – 2 p.m. AGES: 14 Years of Age and Over FEE: Free

### HEARTS AND CRAFTS VALENTINE WORKSHOP

Join us for a fun filled Valentine's - Hearts and Crafts night! Cupid will host a night of crafts, games, and goodies! Don't forget to bring a box to decorate for all your



Valentine's Day cards. Registration is required.

DATE: Tuesday, February 6 TIME: 5 – 6:30 p.m.

AGES: 5 – 12 Years of Age FEE: Free

### LET IT GLOW (YOUTH SOCIAL)

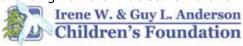
We welcome all youth in North Shore and surrounding communities to join us for a night of fun, dancing, music and games! We will be having a Silent Disco for the first 50 participants, and a glow golf course. Registration is required and space is limited, so enroll today!

DATE: Friday, March 8 TIME: 6 – 7:30 p.m.

AGES: 6 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's

Foundation



### NORTH SHORE COMMUNITY RECREATION MEETING

We encourage all North Shore residents to join us to provide feedback and suggestions for future recreational programming in the community of North Shore. We will be discussing future events and the types of programs the community would enjoy. There will be raffles and activities for the children, as well as refreshments.

WHEN: Wednesday, January 17 at 6 p.m.

### NORTH SHORE FAMILY GLOW GOLF NIGHT

We welcome all families of North Shore and surrounding communities to join us for a night of glow golf with the family and of course fun! Refreshments, snacks and materials will be



provided.

DATE: Friday, April 19 TIME: 6 – 7:30 p.m.

AGES: All Ages FEE: Free

### NORTH SHORE FAMILY PAINT NIGHT

Everyone in North Shore and surrounding communities are invited to join us for a night of painting and of course fun!

Refreshments, snacks and materials will be provided.

DATE: Friday, January 26

TIME: 6 – 7:30 p.m. AGES: All Ages

FEE: Free

### NORTH SHORE LOTERIA NIGHT

We are excited to welcome the community of North Shore and surrounding communities to join us for a night of games, community, and fun! All are welcome to participate in this fast, fun paced night of Loteria.



DATE: Friday, February 23 TIME: 6 – 7:30 p.m.

AGES: All Ages

FEE: Free



**Please Note**: All in-person activities take place at the **North Shore Beach & Yacht Club** unless otherwise noted in the activity details that follow.



### RCLS LIBRARY CONNECT

The Riverside County Library System's Library Connect Vans are on a mission to bring the joy of reading and learning resources to every corner of the Coachella Valley. Extending traditional



library services to areas without nearby libraries, we offer free book checkouts, printing services, and a range of educational resources and activities for all ages. From computer and English classes to job-help services, engaging story times and STEAM programming, craft kits for adults and children, and many other programs, we're committed to making learning and library services accessible to communities throughout the Coachella Valley.

LOCATION: North Shore Community Park DAYS: Saturdays TIME: 2 – 5 p.m.

FREQUENCY: Weekly

### RIVERSIDE UNIVERSITY HEALTH SYSTEM MOBILE HEALTH CLINIC

Accessible healthcare that makes a difference—empowering underserved communities with adult and pediatric services. Riverside University Health System Mobile Health Clinic is here to serve you at the North Shore Beach & Yacht Club parking lot.

PLEASE NOTE: For appointments, call 833-434-2229

TIME: 9 a.m. – 3 p.m.

FREQUENCY: Every 4th Wednesday of the Month

### SPRING INTO FUN

Join us for some spring fun. We have fun activities planned like cookie decorating, crafts, egg decorating and a visit from the Easter Bunny! Parents: Do not forget to bring your cameras!

DATE: Friday, March 22

TIME: 6 – 8 p.m. AGES: 3 – 12

Years of Age FEE: Free



### HEALTH & FITNESS

### **ZUMBA**

This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: Ongoing DAYS: Tuesdays & Thursdays

TIME: 6 - 7 p.m.

AGES: 14 Years of Age and Over

FEE: \$35 per Month DROP-IN FEE: \$5 per Class



The youth in this program will learn the fundamentals of movement consisting of spatial awareness, movement, footwork, and more.

DATES: January 30 – April 25 DAYS: Tuesdays & Thursdays

TIME: 6 - 7 p.m.

AGES: 7 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's

Foundation





### MOVIES

### **MOVIES IN THE PARK/MOVIE NIGHTS**

We are pleased to bring you movies in the Park/Movie Nights. Please check the listings on our website at

MyRecreationDistrict.com/movies for the most up-to-date movie titles, locations, dates, and times, and bring a low-back lawn chair or picnic blanket for a family-friendly movie experience. We are currently planning a movie on Friday, January 19 at North Shore Community Park. Please note inclement weather such as high winds can alter the schedule.





## SPECIAL INTEREST

Children will take home the recipes used for the meals they learn to create, and they will be provided with ingredients and the skills/ tools to incorporate a healthy and active lifestyle in their daily routines and family life.

DATES: February 28 • March 27

April 24

DAYS: Wednesdays TIMES: 4 – 5:30 p.m.

AGES: 7 – 10 Years of Age

FEE: Free thanks to funding from and the Anderson Children's

Foundation





<u>Please Note</u>: There is a program subsidy for all sports listed. Subsidies will be available while funds last.

#### TINY SOCCER STARS

Our Tiny Soccer Stars instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting, and defending. We will also cover the fundamentals of the sport of soccer. This program is great for



participants who have little to no soccer experience.

**ENROLLMENT: Ongoing** 

DAYS: Thursdays TIME: 5:30 - 6:15 p.m. AGES: 4 - 6 Years of Age FEE: \$20

#### **TODDLER & ME SOCCER**

Calling all toddlers and parents! Toddler & Me Soccer will consist of fun toddler friendly soccer activities, and games. Toddler & Me Soccer is a wonderful opportunity to teach your kids how to socialize and stimulate brain development through active play.

**ENROLLMENT: Ongoing** 

DAYS: Thursdays TIME: 5 – 5:30 p.m. AGES: 2 – 4 Years of Age FEE: \$15

### YOUTH BASKETBALL CLINIC

Do you want to improve your basketball skills but have limited time for sports? Here is a year-round program that allows you to enroll for the month or drop-in when it is convenient for you, and learn about the game from some of the most experienced, enthusiastic instructors.

LOCATION: North Shore Community Park ENROLLMENT: January & February DAYS: Thursdays TIME: 6 – 7 p.m. AGES: 7 – 11 Years of Age FEE: \$25

### YOUTH FOOTBALL CLINIC

Youth who are football enthusiasts and want to sharpen their footwork, speed, and skills are invited to come join our North Shore Youth Football Skills Clinic. This program will teach football drills, footwork drills, and speed agility skills.



LOCATION: North Shore Community Park

**ENROLLMENT: Ongoing** 

DAYS: Thursdays TIME: 7 - 8 p.m. AGES: 7 - 11 Years of Age FEE: \$25

#### YOUTH SOCCER CLINIC

Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer.

LOCATION: North Shore Community Park

**ENROLLMENT: Ongoing** 

DAYS: Thursdays TIME: 6:15 - 7:15 p.m. AGES: 7 - 10 Years of Age FEE: \$25

#### YOUTH SOCCER SKILLS & SCRIMMAGE

This class is for youth who are looking to show off their skills in this brand new Skills and Scrimmage Class. We will work the players out, put them on even teams, and let them play games each night on our newly renovated North Shore Park Field.

LOCATION: North Shore Community Park

**ENROLLMENT: Ongoing** 

DAYS: Thursdays TIME: 7:15 - 8:15 p.m.

AGES: 11 – 14 Years of Age FEE: \$25



**Please Note**: All in-person activities take place at the **Oasis del Desierto Park** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

### Oasis del Desierto Park



88-775 Avenue 76, Thermal, CA 92274 (760) 393-0602 HOURS: See Activities for Times/Days

### **Oasis Elementary School**

88175 74th Ave, Thermal, CA 92274

### COMMUNITY EVENTS

### HEARTS AND CRAFTS VALENTINE WORKSHOP

Join us for a fun filled Valentine's - Hearts and Crafts night! Cupid will host a night of crafts, games, and goodies! Don't forget to bring a box to decorate for all your Valentine's Day cards. Registration is required.

DATE: Thursday, February 8 TIME: 5:30 – 7 p.m. AGES: 5 – 12 Years of Age FEE: Free





Check out the activities we offer in Oasis and neighboring communities at Instagram.com/DRD\_EastValley

### LET IT GLOW (YOUTH SOCIALS)

We welcome all youth in
Oasis and surrounding
communities to join us for
a fun night of dancing,
music, and games! We
will be having a Silent
Disco for the first 50
participants as well as a
glow golf course set up at



the Oasis del Desierto Park. Registration is required.

DATES: Fridays, January 26 & March 15

TIME: 6 – 7:30 p.m. AGES: 6 – 12 Years of Age
FEE: Free thanks to funding from Anderson Children's
Foundation

Trene W. & Guy L. Anderson
Children's Foundation

### OASIS COMMUNITY RECREATION MEETING

We encourage all Oasis residents to join us to provide feedback and suggestions for future recreational programming in the community of Oasis. We will be discussing future events and the types of programs the community would enjoy. There will be raffles and activities for the children, as well as refreshments. This event is FREE.

WHEN: Monday, February 5 at 6 p.m.

### **OASIS FAMILY GAME NIGHT**

We welcome all families of Oasis and surrounding communities to join us for a night of games, music, crafts, and of course fun! Refreshments, snacks and materials will be provided.

DATE: Monday, March 4 TIME: 6 – 7:30 p.m.

AGES: All Ages FEE: Free

### **OASIS LOTERIA NIGHTS**

We are excited to welcome the community of Oasis and surrounding communities to join us for a night of games, community, and fun! All ages are welcome to participate in a fast, fun paced game of Loteria.

DATE: Tuesday, February 20 TIME: 6 – 7 p.m.

AGES: All Ages FEE: Free



### OASIS RESOURCE FAIR

Attention Oasis Community! We are gathering organizations all around the Coachella Valley that provide a variety of services to community members. From healthcare & housing to food delivery programs. These organizations are here to help. Snacks, drinks, and raffle prizes will be provided so bring your family and friends and learn about the resources available to you.

LOCATION: Mountain View Estates

DATE: Friday, February 16 TIME: 6 – 8 p.m.

AGES: All Ages

FEE: Free

#### SPRING INTO FUN

Join us for some spring fun at the Oasis Del Desierto Park. We have fun activities planned like cookie decorating, crafts, egg decorating and a visit from the Easter Bunny! Parents don't forget to take those photos!

DATE: Friday, March 22

TIME: 6 - 8 p.m.

AGES: 3 – 13 Years of Age

FEE: Free





<u>Please Note</u>: There is a program subsidy for all sports listed. Subsidies will be available while funds last.

### TINY SOCCER STARS

Our Tiny Soccer Stars instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting, and defending. We will also cover the fundamentals of the sport of soccer. This program is great for participants who have little to no soccer experience.

**ENROLLMENT: Ongoing** 

DAYS: Wednesdays TIME: 5:30 – 6:15 p.m. AGES: 4 – 6 Years of Age

FEE: \$20



### **TODDLER & ME SOCCER**

Calling all toddlers and parents! Toddler & Me Soccer will consist of fun toddler friendly soccer activities and games.

Toddler & Me Soccer is a wonderful opportunity to teach your kids how to socialize and stimulate brain development through active play.

**ENROLLMENT: Ongoing** 

DAYS: Wednesdays TIME: 5 – 5:30 p.m. AGES: 2 – 4 Years of Age FEE: \$15

#### YOUTH FOOTBALL CLINIC

Youth who are football enthusiasts and want to sharpen their footwork, speed, and skills are invited to come join our Oasis Youth Football Skills Clinic. This program will teach football drills, footwork drills, and speed agility skills.

**ENROLLMENT: March & April** 

DAYS: Wednesdays TIME: 6-7 p.m. AGES: 7-11 Years of Age FEE: \$25

#### YOUTH SOCCER CLINIC

Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer.

**ENROLLMENT: Ongoing** 

DAYS: Wednesdays TIME: 6:15 - 7:15 p.m.

AGES: 7 – 10 Years of Age FEE: \$25

#### YOUTH SOCCER SKILLS & SCRIMMAGE

This class is for youth who are looking to show off their skills in this brand new Skills and Scrimmage Class. We will work the players out, put them on even teams, and let them play games each night on our newly built Oasis Del Desierto Park.

**ENROLLMENT: Ongoing** 

DAYS: Wednesdays TIME: 7:15 – 8:15 p.m.

AGES: 11 – 14 Years of Age FEE: \$25





# IMPORTANT NOTICE WE ARE RENOVATING THE PALM DESERT COMMUNITY CENTER!

Built almost 30 years ago, the Palm Desert Community Center is undergoing a major renovation as we begin 2024. While the facility is closed for these renovations, we will be holding select activities and events outdoors in and around Civic Center Park, some will be moved to the Portola Community Center here in Palm Desert, and others will be at some of our nearby facilities such as La Quinta, Bermuda Dunes or Indio.

We understand that not every class or program will be able to be rescheduled, or not all classes moved will be to a convenient location for everyone, and we appreciate your patience as we go through the construction process. We are looking forward to welcoming everyone to the updated Palm Desert Community Center later this year.

If you need to speak with a staff member in-person, our Palm Desert staff will be relocated to the Park View building, 73710 Fred Waring Drive, Suite 135, Palm Desert, CA 92260, and they will be available Monday through Friday from 8 a.m. to 5 p.m. for Desert Willow resident cards or to make reservations for rentals such as pavilion or field use.

Please note that Get Fit Passes can be used at our Indio Community Center, La Quinta Community Fitness Center, and North Shore Beach & Yacht Club. Addresses for all of these locations are listed at the back of this guide on page 66.

A note regarding fees for the programs that follow: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.





**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

### **Palm Desert Community Center**



43-900 San Pablo Avenue, Palm Desert (760) 568-9697

HOURS: Monday - Friday: 6 a.m. - 9 p.m. Saturday: 9 a.m. - 2 p.m.

Sunday: Closed

### **Portola Community Center**



45-480 Portola Avenue, Palm Desert (760) 568-2560 HOURS: Monday - Friday: 8 a.m. - 8:30 p.m. Saturday & Sunday: Closed

### The Golf Center at Palm Desert



74-945 Sheryl Avenue, Palm Desert (760) 779-1877 HOURS: See Activities for Times/Days

### **Cahuilla Hills Park**

45-825 Edgehill Drive, Palm Desert, CA 92260 (760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

#### Freedom Park

77-400 Country Club Drive, Palm Desert, CA 92260 (760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

### Palm Desert Soccer Park

74-735 Hovley Lane, Palm Desert, CA 92260 (760) 776-6481 • HOURS: 6 a.m. – 9 p.m. Daily

### **Olsen Community Park**

43-005 Magnesia Falls Drive, Palm Desert, CA 92260 (760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

### **University Park**

74-802 University Park Drive, Palm Desert, CA 92260 (760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily



Please note: Sport chairs are available for use during adaptive programs. Instructions for requesting a sports chair will be given during registration.



### ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ABILI-TEE

Skilled golf instructors will move participants through putting, chipping, driving and course play during the 7 hands-on classes. A focus on progressive course play and skill development will progress participants into regular game play.

LOCATION: The Golf Center at Palm Desert

DATES: February 13 – March 26

DAYS: Tuesdays TIME: 10 – 11:30 a.m.

AGES: 16 years of Age and Over with a Disability

or a Special Need

FEE: \$75





For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484



### ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE BASKETBALL

Basketball can improve a player's fitness level while working on skill sets including shooting and dribbling. Participants will receive instruction from our adaptive coaches while working through drills.

LOCATION: Civic Center Park ENROLLMENT: Ongoing

**DAYS: Monday** 

TIMES: 2:15 - 3:15 p.m. **OR** 3:15 - 4:15 p.m. AGES: 16 Years of Age and Over with a Disability

or a Special Need FEE: \$25 per Month



Work on hand-eye coordination and develop your pickleball skills with us. Classes work on skill development through drills with progression to game play.

LOCATION: Civic Center Park ENROLLMENT: Ongoing

DAY: Thursdays TIME: 4 - 5 p.m.

AGES: 10 Years of Age and Over with a Disability or

a Special Need FEE: \$25 per Month

### **ADAPTIVE TENNIS**

A great way to work on hand-eye coordination while outdoors, learn to play or improve your tennis skills. All ability levels are welcome, no experience necessary. Participants can join as a standing or sitting player.



LOCATION: Outdoor Courts at Civic Center Park

**ENROLLMENT: Ongoing** 

DAYS: Thursdays TIME: 3 – 4 p.m.

AGES: 10 Years of Age and Over with a Disability or

a Special Need

FEE: \$25 per Month

### ADAPTIVE WALK, RUN, ROLL CLUB

You can walk, run, or even roll in one of our sport wheelchairs as we get our bodies moving again in Civic Center Park. As the weather cools down, we will work on technical running skills, endurance, and of course, have LOTS of fun! This is a test class and may extend through the winter while we can enjoy the outdoor weather.

**ENROLLMENT: Ongoing** 

DAYS: Mondays TIME: 4:30 – 5:15 p.m.

AGES: 10 Years of Age and Over with a Disability or

a Special Need FEE: \$25 per Month



Beginning class teaches the basics you need to start playing the guitar. Learn to read chord charts and tablature, and develop skills like strumming, rhythm, finger picking, and tuning. Learn to play songs right away!



**Second Level** class teaches new chords, rhythms and songs from Johnny Cash, Sheryl Crow, Rod Stewart, and others. Also enjoy an easy introduction to reading standard notation for learning simple guitar solos.

LOCATION: Portola Community Center ENROLLMENT: January 10 – February 7 February 21 – March 20

DAY: Wednesdays AGES: 9 Years of Age and Over

LEVELS & TIMES: **Beginning** • 6 – 7 p.m. **Second Level** • 7 – 8 p.m.

FEE: \$80 per Session



Join us and the Easter Bunny and partake in crafts, games, and a bunny hop! The Easter Egg Hunt will be an exciting time so remember to bring your Easter baskets as well as your cameras for some fun photo opportunities!

LOCATION: Palm Desert Civic Center Park

DATE: Saturday, March 30

TIME: 9 - 11 a.m.

AGE: 5 – 12 Years of Age FEE: Free

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

### SUNDAY SOUNDS

Come and join the Palm Desert Library and Desert Recreation District as we bring you artists from your very own backyard, the Coachella Valley.

LOCATION: Palm Desert Civic Center Park Amphitheater

DATES: January 7 & 24 • February 4 & 18 • March 3 & 17

TIME: 2 p.m. AGE: All Ages

FEE: Free



### **BALLROOM: SWING & SALSA LESSONS**

Join in these fun and easy 4-week sessions! These classes will give you solid instruction in the ever so popular ballroom dance, swing, salsa, fox trot as well as an introduction to the cha-cha. Both singles and partners welcome.

LOCATION: Amphitheater at Palm Desert Civic Center Park ENROLLMENT: January 10 – 31 • February 7 – 28

March 6 - 27 • April 3 - 24

DAYS: Wednesdays TIME: 7:30 – 8:30 p.m.

AGES: 18 Years of Age and Over FEE: \$52 per Month per Person

#### LINE DANCING

Time to have some fun! These classes will lift your spirits, keep your mind sharp, and are a great way to get exercise and get fit!

LOCATION: Amphitheater at Palm **Desert Civic Center Park** 

### **ENROLLMENT:**

January 10 − 31 • February 7 − 28

March 6 - 27 • April 3 - 24

**DAYS: Wednesdays** TIME: 6:30 - 7:30 p.m.

AGES: 18 Years of Age and Over FEE: \$43 per Month per Person





# Find RhyThm!



### **SALSAEROBICS**

People love salsa dancing. The music, the dance moves, the exercise you get from it, and the social aspect of it. Add aerobics and you have a class that helps with flexibility, conditioning, shaping up, and more.



LOCATION: Portola Community Center

**ENROLLMENT: Ongoing** 

DAYS: Tuesdays & Thursdays TIME: 8:15 – 9:15 a.m.

AGES: 18 Years of Age & Over

FEE: \$35 per Month DROP-IN FEE: \$7 per Day

### TAI CHI INTRODUCTION TO TAI CHI

This program gives participants the opportunity to experience the benefits of Tai Chi, which may improve balance, lung capacity and oxygen intake through focused breathing and more. Registration in advance required.

LOCATION: Portola Community Center

**ENROLLMENT: Ongoing** 

DAYS: Thursdays TIME: 12 - 12:45 p.m.

AGES: 18 Years of Age & Over

FEE: \$16 per Class

#### TAI CHI FOR YOUR HEALTH

Tai Chi for Your Health focuses on introducing participants to ways in which they may improve balance, quiet one's mind, and may also help increase lung capacity through focused breathing and more.



LOCATION: Portola Community Center

**ENROLLMENT: Ongoing** 

DAY: Mondays TIME: 12 – 12:45 p.m.

AGES: 18 Years of Age & Over

FEE: \$55 per Month DROP-IN FEE: \$16 per Class

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

### OUTDOORS

### TAKE A HIKE! - SUNRISE HIKE

Join us for TAKE A HIKE SATURDAY! This time, we will be up before the sun to watch as it paints the mountains orange and listen to the sound of the desert in the morning. This will be an organized group hike through the beautiful Randall Henderson Trail in Palm Desert, California.

MEETING LOCATION: Meet at the start of the trail, located near the Santa Rosa and San Jacinto Mountains National Monument Visitor Center off of Highway 74. Visit <u>alltrails.com/trail/us/california/randall-henderson-loop-trail</u> for additional information and directions to the trail.

DATE: Saturday, February 10 TIME: 6 – 10 a.m.

AGES: 8 Years of Age and Over FEE: Free

See additional information when you register online – you must register to join the group hike.



### **CHESS**

### **BEGINNING CHESS**

Enhance your memory by playing Chess. This program is structured to teach the fundamentals and the



strategies to checkmate your opponent with critical thinking tactics and problem-solving abilities.

LOCATION: Portola Community Center ENROLLMENT: Ongoing DAYS: Fridays

AGES & TIME:

Adults: 15 Years of Age and Over • 5:30 – 6:30 p.m.

**Youth:** 7 – 14 Years of Age • 3:30 – 4:30 p.m.

FEE: \$40 per Month

#### **INTERMEDIATE CHESS**

Come and enjoy the fun competing against other players across the desert. Challenge your Chess skills and learn new techniques on how to checkmate your opponent. In these sessions, you will master patience, strategy, and thinking critically. Bring your own board and pieces.

LOCATION: Portola Community Center ENROLLMENT: Ongoing DAYS: Fridays

TIME: 4:30 - 5:30 p.m. AGES: 7 - 14 Years of Age

FEE: \$40 per Month

### K9 NOSE WORK-BASIC-INTRO TO SCENT WORK WORKSHOP

This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.

LOCATION: Portola Community Center DATES: February 6 – 27 DAY: Tuesdays

TIME: 12 – 12:50 p.m. AGES: 18 Years of Age and Over

FEE: \$150 per 4-week session

### K9 NOSE WORK-ADVANCED DETECTIVE

This advanced series is geared for dog/ handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors, and exteriors. **Prerequisite: K9 Nose Work Intermediate Workshop.** 



### LOCATION:

Portola Community Center

DATES: February 6 – 27 DAY: Tuesdays

TIME: 1 – 1:50 p.m. AGES: 18 Years of Age and Over

FEE: \$150 per 4-week session



### BASKETBALL

### BASKETBALL STRATEGY CLINIC: IN-GAME EXPERIENCE

During this clinic your child will gain critical knowledge of various game situations and be exposed to various other skills/concepts including fundamental defensive/offensive strategy, learning how to bring the right mindset to participate, and more.

LOCATION: Freedom Park ENROLLMENT: Ongoing

DAYS: Wednesdays TIME: 6 – 8 p.m.

AGES: 12 – 14 Years of Age FEES: \$60 per Month





### BASKETBALL TRAINING ZONE

Don't wait for the season to begin, start training now and be ready for draft day. Join the "Basketball Training Zone" and take your game to the next level. Our instructors provide constructive feedback highlighting your strengths and pinpointing areas needing improvement.

LOCATION: Palm Desert Freedom Park Basketball Courts

ENROLLMENT: Ongoing FEES: \$60 per Month

### **BASKETBALL TRAINING ZONE: BEGINNERS**

DAYS: Monday TIME: 4 - 6 p.m.

AGES: 7 – 9 Years of Age

### BASKETBALL TRAINING ZONE: INTERMEDIATE

DAYS: Wednesday TIME: 4 – 6 p.m.

AGES: 10 – 14 Years of Age

### **FRISBEE**

Ultimate Frisbee - Join us for an introduction to the game of Ultimate Frisbee with the goal of exercise, improving stamina and advancing your skills. The program will consist of two games side by side, with the advanced team playing next to the beginners.



LOCATION: Football Field at Palm Desert Freedom Park

### **ULTIMATE FRISBEE - 1 DAY**

DATES: January 8 – February 26

March 4 - April 29

DAYS: Mondays TIME: 6:30 – 8:30 p.m.

AGES: 13 Years of Age and Over

FEE: \$40 per Session DROP-IN FEE: \$5

### **ULTIMATE FRISBEE - 2 DAYS**

DATES: January 8 – February 26

March 4 – April 29

DAYS: Mondays & Wednesdays TIME: 6:30 – 8:30 p.m.

AGES: 13 Years of Age and Over

FEE: \$60 per Session DROP-IN FEE: \$5

### **PICKLEBALL**

### PICKLEBALL CLINICS - BEGINNER LEVEL

Group skills and drills for Beginner players. In this category, the player is new to pickleball, learning scoring and rules, and can hit a number of balls with forehand. Have a hard time playing games as a rally is not sustainable yet. Just developing a forehand and learning how to serve correctly.

LOCATION: Palm Desert Civic Center Park –
Outdoor Pickleball Courts

ENROLLMENT: Ongoing DAYS: Mondays

TIME: 8 – 9:30 a.m. AGES: 16 Years of Age and Over

FEE: \$95 per Month • \$25 per Day

### PICKLEBALL CLINICS INTERMEDIATE TO ADVANCED DRILLS

This level of player will be doing group skills and drills for intermediate to advanced players, and players will have achieved stroke dependability with directional control on most medium paced and some harder hit shots but still need to develop more depth and variety with their shots. Plan your schedule with the instructor.



LOCATION: Palm Desert Civic Center Park –
Outdoor Pickleball Courts

ENROLLMENT: Ongoing DAYS: Fridays

TIME: 8 – 9:30 a.m. AGES: 16 Years of Age and Over

FEE: \$95 per Month • \$25 per Day

### PICKLEBALL CLINICS – ADVANCED BEGINNER LEVEL

At this level, there will be group skills and drills for advanced Beginner players. Plan your schedule with an instructor. Players in this category are able to sustain longer rallies and may make easier volleys and use their backhand more often, but often need work on stroke development.

LOCATION: Palm Desert Civic Center Park –
Outdoor Pickleball Courts

ENROLLMENT: Ongoing DAYS: Wednesdays

TIME: 8 – 9:30 a.m. AGES: 16 Years of Age and Over

FEE: \$95 per Month • \$25 per Day

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484



### PICKLEBALL CLINICS -ADVANCED PLAY DRILLS

This class requires a minimum 3.0-3.5 skill level and above OR instructor approval. This clinic will consist of specific drills for the first part and then the remainder will be spent running strategy/game play tournaments with various formats.

LOCATION: Palm Desert Civic Center Park –
Outdoor Pickleball Courts

**ENROLLMENT: Ongoing** 

DAYS: Tuesdays TIME: 8 – 9:30 a.m.

AGES: 16 Years of Age and Over FEE: \$95 per Month • \$25 per Day



### PICKLEBALL - SEMI-PRIVATE LESSONS (INDIVIDUAL SESSIONS)

Semi-Private lessons for up to 4 people. This group instruction will last for one hour. Instruction will help you improve your game and get you to the next skill level. You will schedule the time with the instructor.

LOCATION: Palm Desert Civic Center Park –
Outdoor Pickleball Courts

**ENROLLMENT: Ongoing** 

DAYS: Mondays **OR** Wednesdays **OR** Fridays TIMES: One hour between 9:30 – 11:30 a.m.

AGES: 16 Years of Age and Over

FEE: \$30 per Session

### **RUGBY**

### WINTER FLAG RUGBY CLINIC

This four-week coed program is perfect for developing rugby skills while promoting teamwork and sportsmanship. This non-contact program is designed for players to learn basic rugby skills such as running, catching, passing, kicking, and conditioning. All youth teams prioritize safe play, and this flag rugby program is ideal for kids who are passionate about rugby but may be hesitant about the physical aspects of the game So, come and have fun



while improving your rugby skills with us!

LOCATION: Xavier College Prep School (practice fields)
DATES: January 27 – February 24 DAYS: Saturdays

FEE: \$45 per Session

**Group One:** AGES & TIMES:

5 - 7 Years of Age • 8:30 - 9:30 a.m.

**Group Two:** AGES & TIMES:

 $8 - 10 \text{ Years of Age} \cdot 9:45 - 10:45 \text{ a.m.}$ 

**Group Three:** AGES & TIMES:

11 – 14 Years of Age • 11:15 a.m. – 12:30 p.m.

### SOCCER

### PALM DESERT YOUTH SOCCER CLINIC - BEGINNERS

This class will develop an understanding of the engaging and exciting aspects of soccer, and improve their listening, social, and athletic skills. Each activity is designed to be fun and fast-paced.

LOCATION: Palm Desert Civic Center - Outdoor Area

**ENROLLMENT: Ongoing** 

DAYS: Saturdays TIMES: 10 – 11 a.m.

AGES: 5 – 7 Years of Age

FEE: \$40 per Month



For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484



### PALM DESERT SOCCER CLINIC -INTERMEDIATE

The goal of this intermediate clinic is to provide a fun and structured environment for each player, which will help to develop their athletic skills. The focus of our classes is for each child to actively participate in fun games and skill development.

LOCATION: Palm Desert Civic Center – Outdoor Area

**ENROLLMENT: Ongoing** 

DAYS: Saturdays TIMES: 11 a.m. – 12 p.m.

AGES: 8 – 10 Years of Age

FEE: \$40 per Month



### PARENT & ME SOCCER

This class focuses on the development and learning for children aged 2 to 4 years old. Motor and social skill improvements are made through fun instructional games and obstacle courses, all while learning the fundamentals of soccer. Parent participation is required.

LOCATION: Palm Desert Civic Center - Outdoor Area

**ENROLLMENT: Ongoing** 

DAYS: Saturdays TIMES: 9 – 10 a.m.

AGES: 2 – 4 Years of Age (with parents participating)

FEE: \$40 per Month

### **TENNIS**

### **TENNIS - YOUTH BEGINNER**

This class is meant to introduce the game of tennis to your child. Players will be using a new modified tennis ball that is meant for beginners to learn the proper tennis strokes easily and quickly.

LOCATION: Palm Desert Civic Center Park

ENROLLMENT: Ongoing DAYS: Mondays & Fridays AGES: 7 – 10 Years of Age TIMES: 6:30 – 7:30 p.m.

FEE: \$60 per Month

### TENNIS - YOUTH ADVANCED BEGINNER

This class is meant to introduce the game of tennis to your child. Players will be using a new modified tennis ball that is meant for beginners to learn the proper tennis strokes easily and quickly. Players will develop the core basics of proper footwork, balance, hand-eye coordination, proper forehand, backhand, and serve.

LOCATION: Palm Desert Civic Center Park

ENROLLMENT: Ongoing DAYS: Mondays & Fridays AGES: 11 – 14 Years of Age TIMES: 7:30 – 8:30 p.m. FEE: \$60 per Month



# **9** first tee

coachella valley



A program of Desert Recreation District

First Tee – Coachella Valley is part of an international youth development organization that provides educational programs which build character and promote healthy choices through the game of golf. Classes are available for all skill levels for participants 4 – 18 Years of Age. Golf equipment and Financial Aid are provided for any participant who has a need.

### 6-WEEK SESSIONS ARE OPEN TO THOSE 4 – 18 YEARS OF AGE.

\*Session Dates Subject to Change\*

First Tee weekly classes described below are \$65 per six-week Session, classes meet once a week and will be 45 – 90 minutes depending on your participants' age.

### **WINTER PROGRAMMING**

Winter Session: January 8 – February 17 (six weeks)

Registration opens on Wednesday, December 27 at 6:30 a.m.

### **SPRING PROGRAMMING**

Spring Session 1: February 26 – April 6 (six weeks) Registration opens on Wednesday, February 14 at 6:30 a.m.

Spring Session 2: April 15 – May 25 (six weeks) Registration opens on Wednesday, April 3 at 6:30 a.m.



PLEASE REGISTER FOR FIRST TEE – COACHELLA VALLEY CLASSES HERE: FTCV.ORG

Volunteer Opportunities available for Assistant Coaches, Special Events and Tutoring

### **INQUIRIES?**

Please email Joy Willougby: jwilloughby@ftcv.org or call 760-834-6792



## The Best Game Improvement Facility in the Coachella Valley!

Conveniently located in the heart of Palm Desert off Cook Street, The Golf Center at Palm Desert offers a large Driving Range with lighting for night-time use, along with practice short game and putting greens. When you are finished sharpening your game on the Range, play a round on our Par-3, 9-hole golf course. The golf course is the perfect place to improve your game, featuring small, undulating greens and is the perfect place to work on the scoring part of your game (80 - 130 yards).



### **GOLF RATES (9–Holes)**

(January 1 – April 30)

Adults	\$20
Seniors (over 55)	\$17
Juniors (under 17)	\$10
Same Day 9–Hole Replay	\$7
DRIVING RANGE	
Medium Bucket	\$9

Large Bucket ......\$13

### **GOLF CLINICS**

**Beginners** • Intermediate

Adult Fundamental Clinics (Formerly Operation 36)
Call for details or email: cdelorey@ftcv.org

#### **RENTALS**

Pull-Cart	\$4
Set of Clubs	\$10
Individual Clubs	\$4

For additional information, please call the Golf Shop at (760) 779–1877 or visit GolfCenterPD.com



## Make Your Life Easier with the <u>Desert Rec App!</u>

- The App is user friendly for both iPhones and Androids.
- Your Membership is always ready to use on your phone.
- Register anytime for activities.
- Plus Much More, Scan the App Today!





### **MyRecreationDistrict.com**

### The 22nd Annual

PALM DESERT SENIOR GAMES & INTERNATIONAL SPORTS FESTIVAL will be held JANUARY 30 – FEBRUARY 4, 2024

 $\succ$  Final Registration for All Sports is January 15, 2024  $\prec$ 







### **TEAM EVENTS**

Men's and Women's Beach Volleyball Men's and Women's Volleyball Men's & Women's Soccer

### INDIVIDUAL/DOUBLES COMPETITION

Pickleball 9-hole Golf
Table Tennis Race Walk Track & Field

MyRecreationDistrict.com or DesertSeniorGames.org





## Rancho Mirage

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

### **Rancho Mirage Community Park**



71-560 San Jacinto Dr, Rancho Mirage, CA 92270 (760) 347-3484 HOURS: 6 a.m. – 9 p.m. Daily



### **PICKLEBALL**

### PICKLEBALL CLINICS – BEGINNER & ADVANCED BEGINNER LEVELS

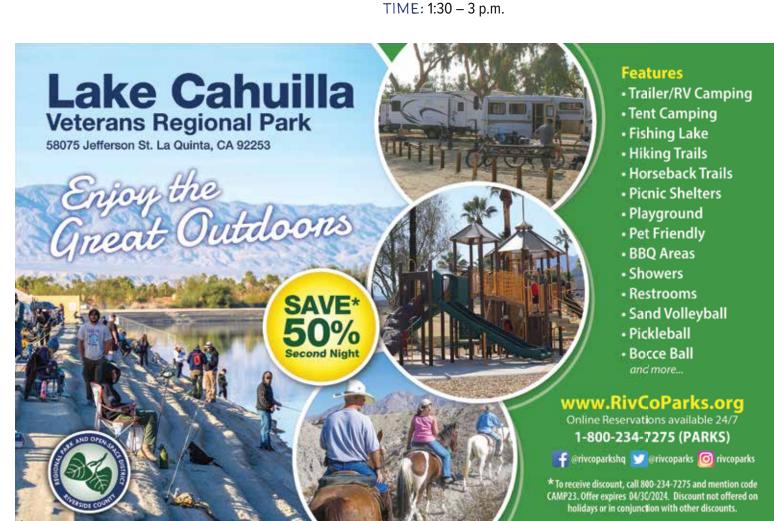
LOCATION: Rancho Mirage Pickleball Courts ENROLLMENT: Ongoing DAYS: Saturdays

AGES: 16 Years of Age and Over FEE: \$95 per Month

**Beginner Level:** Skills and drills for beginner players are included as the player is new to pickleball and will be learning scoring and rules. You will be developing a forehand and learning how to serve correctly.

TIME: 12 - 1:30 p.m.

**Advanced Beginner Level:** Players in this category are able to sustain longer rallies, may make easier volleys and use their backhand more often, but often need work on stroke development; there will be group skills and drills for advanced beginner players.





A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

### Jerry Rummonds' **Community & Senior Center**



89-229 Church Street, Thermal, CA 92274 (760) 347-3484 HOURS: Monday thru Friday: 8 a.m. – 8 p.m. Saturday & Sunday: Closed

### 50 ACTIVE ADULT & SENIOR PROGRAMS

### THERMAL SENIOR PROGRAM

Join us for the Thermal Senior Program where you can enjoy a day of exercise, art, guest speakers, resources, lunch, field trips, and much more! Stop by and pick up our monthly calendar.

**ENROLLMENT: Ongoing** 

DAYS: Monday – Thursday TIME: 9 a.m. – 1 p.m. AGES: 50 Years of Age and Over FEE: Free



### CAMP & AFTER SCHOOL PROGRAMS

### THERMAL AFTER SCHOOL CLUBHOUSE

Our after school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

**ENROLLMENT: Ongoing During School Year** (holidays may be excluded)

TIME: School Dismissal to 6 p.m.

DAYS: Monday thru Friday

GRADES: Kindergarten through 6th Grade

FEE: Free\* - \*The Thermal After School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.



### COMMUNITY EVENTS

### THERMAL FAMILY GLOW GOLF NIGHT

We welcome all families of Thermal and surrounding communities to join us for a night of games, music, crafts, and of course fun! Refreshments, snacks, and materials will be provided.

DATE: Thursday, March 7 TIME: 6:30 - 8:30 p.m.

AGES: All Ages FEE: Free



### THERMAL LOTERIA NIGHT

We are excited to welcome the community of Thermal and surrounding communities to join us for a night of games, community, and fun! All are welcome to participate in this fast fun paced night of Loteria.

LOCATION: Outdoor Area at Oasis Del Desierto Park DATE: Thursday, February 22 TIME: 6 – 7:30 p.m.

AGES: All Ages FEE: Free

### SENIOR SOCIAL

Join us for a night of creative arts, karaoke, refreshments and much more.

DATE: Wednesday, April 3 TIME: 5:30 – 7:30 p.m. AGES: 55 Years of Age and Over FEE: Free

### **HEARTS AND CRAFTS** VALENTINE WORKSHOP

Join us for a fun filled Valentine's - Hearts and Crafts night! Cupid will host a night of crafts, games, and goodies! Don't forget to bring a box to decorate for all your Valentine's Day cards. Registration is required. XOXO.

DATE: Thursday, February 8

TIME: 6 – 8 p.m. AGES: 5 –12 Years of Age

FEE: Free





**Please Note**: All in–person activities take place at the **Jerry Rummonds' Community & Senior Center** unless otherwise noted in the activity details that follow.

### COMMUNITY EVENTS

### LET IT GLOW (YOUTH SOCIAL)

We welcome all youth to join us for a night of fun, dancing, music and games! We will be having a Silent Disco for the first 50 participants, as well as a glow golf course. You do not want to miss this event, registration is required! Space is limited, so enroll today!



LOCATION: Jerry Rummonds' Community & Senior Center

DATES: Friday, January 12 • Thursday, April 11

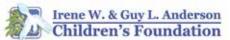
LOCATION: Outdoor Area at Oasis Del Desierto Park

DATES: Friday, January 26 • Friday, March 15

TIME: 6 - 7:30 p.m. AGES: 6 - 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's

Foundation



### THERMAL RECREATION COMMUNITY MEETING

We encourage all Thermal residents to join us to provide feedback and suggestions for future recreational programming in the community of Thermal that the community would enjoy. There will be raffles and activities for the children, as well as refreshments. This event is **FREE**.

WHEN: Tuesday, February 6 at 6 p.m.

#### SPRING INTO FUN

Join us for some spring fun where we have fun activities planned like cookie decorating, crafts, egg decorating and a visit from the Easter Bunny! Parents: Do not forget to bring

your cameras!

DATE:

Saturday, March 16

TIME:

10 a.m. – 12 p.m. AGE: All Ages

FEE: Free





### KIDS IN THE KITCHEN

Children will take home the recipes used for the meals they learn to create, and they will be provided with ingredients and the skills/tools to incorporate a healthy and active lifestyle in their daily routines and family life.

DATES: February 28 • March 27
April 24

DAYS: Wednesdays

TIMES: 4 – 5:30 p.m.

AGES: 7 – 10 Years of Age

FEE: Free thanks to funding from and the Anderson Children's

Foundation





<u>Please Note</u>: There is a program subsidy for all sports listed. Subsidies will be available while funds last.

#### T-BALL ROOKIES

For our T-Ball Rookies Clinic, instructors will guide participants towards developing their baseball skills which include catching and throwing the ball, batting stance and base running. We will also cover the fundamentals of the sport of baseball.

LOCATION: La Familia Baseball Park DATES: Ongoing DAYS: Tuesdays

TIMES: 5 - 5.45 p.m. AGES: 4 - 6 Years of Age

FEE: \$20 per Month





### TINY SOCCER STARS

Our Tiny Soccer Stars, instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting, and defending. We will also cover the fundamentals of the sport of soccer. This program is great for participants who have little to no soccer experience.



### LOCATION:

La Familia Baseball Park

DATES: Ongoing DAYS: Thursdays

TIMES: 5:30 – 6:15 p.m. AGES: 4 – 6 Years of Age

FEE: \$20 per Month

### YOUTH BASEBALL CLINIC

Our clinic will focus on various drills to improve a player's baseball IQ and skill. We will also cover the fundamentals of the sport. Athletes will be required to bring their own glove.

LOCATION: La Familia Baseball Park DATES: Ongoing DAYS: Tuesdays

TIMES: 6 – 6:45 p.m. AGES: 7 – 11 Years of Age

FEE: \$25 per Month

### YOUTH FOOTBALL CLINIC

Are you a football enthusiast who wants to sharpen your footwork, speed, and skills? If the answer is "YES!" Come out and join our program that will teach you football drills, footwork drills, and speed agility skills to get your game to the next level. We will practice work out drills and



work on game time situations. This session is going to be non-contact drills to focus on your individual skills and sharpen your techniques to prepare for your next football season.

LOCATION: La Familia Baseball Park DATES: Ongoing DAYS: Tuesdays

TIMES: 7 - 8 p.m. AGES: 7 - 11 Years of Age

FEE: \$25 per Month

### YOUTH SOCCER CLINIC

Our clinic will focus on various drills to improve your soccer IQ and skills. We will also cover the fundamentals of the sport of soccer. We encourage all athletes to bring shin guards and non-skid athletic shoes or cleats.

LOCATION: La Familia Baseball Park

**DATES:** Ongoing

DAYS: Thursdays TIMES: 6:15 - 7:15 p.m.

AGES: 7 – 10 Years of Age

FEE: \$25 per Month



Check out the activities we offer in Thermal and neighboring communities at Instagram.com/DRD\_EastValley





Check out MyRecreationDistrict.com/outdoor for upcoming rides or scan the QR code.

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### Thousand Palms

**Please Note**: All in–person activities take place at the **Thousand Palms Community Center & Park** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

### Thousand Palms Community Center & Park



31-189 Robert Road, Thousand Palms (760) 347-3484 HOURS: See Activities for Times/Days

## 50° ACTIVE ADULT & SENIOR PROGRAMS THOUSAND PALMS SENIOR PROGRAM

Join us for a cup of coffee, bingo, loteria, crafts, and much more! This fun group comes together to celebrate birthdays, go on field trips, and make everlasting friendships. Bringing your favorite dish to share with the group is a great way to connect.

**ENROLLMENT: Ongoing** 

DAYS: Fridays TIME: 10 a.m. – 12 p.m. AGES: 50 Years of Age and Over FEE: Free



### COMMUNITY EVENTS

### DÍA DEL NIÑO EVENT

Join Desert Recreation
District and the Art Samson
Library in celebrating Day of
the Child with fun games,
books, and prizes. Experience
the joy of learning through
reading and recreation.



DATE: Tuesday, April 30 TIME: 4:30 – 6 p.m.

AGES: All Ages FEE: Free

### **EGGSTRAVAGANZA**

This fun-filled family event is returning to the Thousand Palms Community Park in 2024! There will be activities for children 3 years of age and over; egg hunt is for children 6 years of age and over.



DATE: Saturday, March 30 TIME: 10 a.m. – 12 p.m.

AGES: All Ages FEE: Free

### PROM DRESS GIVEAWAY

Open to all high school seniors in the Coachella Valley, this program will offer free prom dresses in a variety of sizes, colors and styles. While we make every effort to have enough dresses for everyone, they are offered on a first come, first serve basis BY APPOINMENT ONLY.



Please email avelasquez@drd.us.com or call (760) 701-1043

to make your appointment at the Thousand Palms location. All teens must bring a valid school ID card and must be present to receive a dress and accessories.



LOCATION: Thousand Palms Community Center

DATE: Wednesday, March 13 TIME: 8 - 11 a.m. & 3 - 6 p.m.

AGES: 16 – 17 Years of Age FEE: Free

### Thousand Palms

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

### YOUTH SOCIAL (SILENT DISCO)

Come in and eniov our indoor Youth Socials. Fun activities will include games, music, dancing, and a silent disco! Space is limited, please register ahead of time.

DATE: Thursday, April 4 TIME: 5 – 6:30 p.m.

AGES: 6 – 12 Years of Age FEE: Free



### FOLKLORICO (Ballet Folklorico)

Learn the many different styles of the cultural dance originated in Mexico, Folklorico. As you progress in the class, there will be a few chances a year to perform live in front of friends and family at special events. Shoes and dress can be purchased with the instructor directly.

**ENROLLMENT: Ongoing DAY: Tuesdays** TIME, AGES & FEES:

4 – 4:45 p.m. • 3 – 5 Years of Age • \$40 per Month 5-6 p.m. • 6-11 Years of Age • \$45 per Month

6:15 – 7:15 p.m. • 12 Years of Age and Over • \$45 per Month





### HEALTH & FITNESS

#### **ZUMBA**

This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

**ENROLLMENT: Ongoing** 

DAYS: Mondays, Wednesdays, Thursdays

TIME: 7 – 8 p.m. AGES: 16 Years of Age and Over FEE: \$45 per Month DROP-IN FEE: \$7 per Class



### INDOOR FAMILY GLOW GOLF

Join us for a glowing fun time as we play mini golf indoors in the community center where the course will be set up throughout the building to allow for maximum fun! Space is limited so registration is required.

DATE: Friday, April 5 TIMES: 6 - 7:30 p.m.

AGES: All Ages FEE: Free



### **THOUSAND PALMS COMMUNITY COUNCIL MEETING**

On the dates specified below, the Thousand Palms Community Council will hold their informational meeting for all who live in the community of Thousand Palms, during which you can hear the latest Riverside County news regarding your community from government officials, county authorities and Desert Recreation District.

Please contact alexperez@rivco.org as meetings may be held via Zoom or may be in-person.

> **TENTATIVE DATES:** Thursdays, January 25 & March 28 TIME: 6 – 8 p.m. AGES: All Ages

> > Thank you.

### Where We Are

### **GRAND YOUR CLOSEST DRD LOCATION 500**

Desert Recreation District (DRD) is your source for all things recreational in the Coachella Valley. Throughout the valley, we have classes, sports and recreation activities, special events and programs for all ages. From toddlers to seniors, our facilities and beautiful parks have something for everyone.

Get off the couch and into the Fun-Tastic times!

### **BERMUDA DUNES**

 Bermuda Dunes Community Center 78-400 Avenue 42, Bermuda Dunes

### **CATHEDRAL CITY**

 Cathedral City High School (Swimming Pool) 69-250 Dinah Shore Drive, Cathedral City

### **COACHELLA**

- Bagdouma Community Center & Park 51-251 Douma Street, Coachella
- Bagdouma Pool 84-599 Avenue 52, Coachella

- Indio Community Center & Park 45-871 Clinton Street, Indio
- Indio Teen Center 81-678 Avenue 46, Indio
- Pawley Pool Family Aquatic Complex 46-350 Jackson Street, Indio

#### **INDIO HILLS**

 Indio Hills Community Center & Park 80-400 Dillon Road, Indio Hills

### **LA QUINTA**

- Fritz Burns Pool 78-107 Avenue 52. La Quinta
- La Quinta Community Fitness Center & Park 77-865 Avenida Montezuma, La Quinta

#### **MECCA**

- Mecca Community Center, Park & Pool 65-250 Coahuilla Street, Mecca
- Mecca Sports Park 91403 66th Avenue, Mecca

### **NORTH SHORE**

- North Shore Beach & Yacht Club 99-155 Sea View Drive, North Shore
- North Shore Community Park 99-480 70th Avenue, North Shore

### **OASIS**

 Oasis del Desierto Park 88-775 Avenue 76. Thermal

### **PALM DESERT**

- Cahuilla Hills Park 45-825 Edgehill Drive, Palm Desert
- Palm Desert Community Center & Park 43-900 San Pablo Avenue. Palm Desert
- Freedom Park 77-400 Country Club Drive, Palm Desert
- Palm Desert Soccer Park 74-735 Hovley Lane, Palm Desert
- Olsen Community Park 43-005 Magnesia Falls Drive, Palm Desert
- Portola Community Center 45-480 Portola Avenue, Palm Desert
- The Golf Center at Palm Desert and First Tee - Coachella Valley 74-945 Sheryl Drive, Palm Desert
- University Park 74-802 University Park Drive, Palm Desert

#### **RANCHO MIRAGE**

 Rancho Mirage Community Park 71-560 San Jacinto Drive, Rancho Mirage

#### **THERMAL**

 Jerry Rummonds' Community & Senior Center 87-229 Church Street, Thermal

### **THOUSAND PALMS**

**Thousand Palms Community Center & Park** 31-189 Robert Road, Thousand Palms





### **ADMINISTRATIVE OFFICE**

45-305 Oasis Street, Indio, CA 92201 760.347.3484

Info@MyRecreationDistrict.com MyRecreationDistrict.com









### Board of Directors



Marcos Coronel President



Benjamin Guitron IV Vice President



M. Andres Coronel Treasurer



Kimberly Barraza Secretary



Jason Dafforn Board Member



Laura McGalliard Board Member



Gabriela Ayala Reyes Board Member

### **OUR MISSION**

To enrich and preserve the quality of life for residents. We do this by raising funds and garnering support to purchase, develop, enhance, preserve, promote, and expand the Coachella Valley's recreation activities, programs, parks, properties and facilities.

Can you imagine a community without parks and recreation? Neither can we!

We believe parks and recreation should be available to everyone in our communities no matter their income or ability.

### FINANCIAL ASSISTANCE PROGRAM

Desert Recreation Foundation programs, activities and events are open to everyone. Your Desert Recreation Foundation works closely with communities that we serve to reduce program and activity fees for residents who cannot afford to participate. Our goal is for no child or adult to be left out of the recreational, sports and out-of-school activities we offer because of limited income.

The Desert Recreation Foundation (the Foundation) is a 501© (3) non-profit organization responsible for raising funds on behalf of Desert Recreation District.

Since 2001, Desert Recreation Foundation has been working behind the scenes of



Desert Recreation District to enrich and preserve the quality of life for residents by raising funds and garnering support to purchase, develop, enhance, preserve, promote, and expand the Coachella Valley's recreational activities, program, parks, properties, and facilities. We believe parks, recreation opportunities, and learning programs should be available to everyone in our community, no matter their income level or ability. We make that a reality and can do so much more with your help!

Everyone deserves access to quality parks and recreation facilities!

Your Support Makes It Possible!

### Happy Easter Eggstravaganzas!

JOIN US AND THE EASTER BUNNY AND HAVE A BUNNY HOP OF A GOOD TIME! THE EASTER EGG HUNTS WILL BE AN EXCITING TIME SO REMEMBER TO BRING YOUR EASTER BASKETS AS WELL AS YOUR CAMERAS FOR SOME FUN



for more details.



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## **DESERT RECREATION FOUNDATION**

## JOIN THE FUN!

FRIDAY, MARCH 22, 2024 FANTASY LANES, INDIO

Check-in opens at 5:30 p.m. Bowling begins at 6 p.m.

To Benefit Parks & Recreation Access For All





**Bowling**Tournament Fundraiser
DesertRecreationFoundation.org